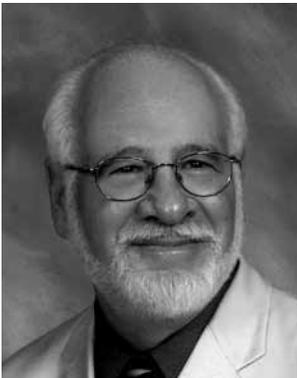


ACCREDITATION AGENCY REVIEWS STANDARDS by David J. Dalrymple



David J. Dalrymple

The American Board for Accreditation in Psychoanalysis, Inc. held its semiannual meetings on April 27-29 in Southbridge, Massachusetts. The meetings were hosted by Jay Livernois (Public Member), Marie Paule, Ernest Wetzel (Finance Committee), and the *Abraxis Voice Institute* at the old, historic Vienna Inn. There were over two dozen participants in these meetings representing eleven accredited Psychoanalytic Institute Members, two Affiliate Members, and two Associate Members.

The Assembly of Psychoanalytic Institutes, chaired by Jennifer Harper, reviewed the extensive research of the Standards and Credentials Committee which had undertaken the task of gathering information from all institutes with psychoanalytic training programs regarding completed hours at certification of course work, personal analysis, supervision and control analysis, and clinical experience beyond the minimum requirements stated in ABAP, Inc. *Standards*. This data was compared to ABAP *Standards* as well as requirements of the ACPE/Consortium, American Psychoanalytic Association, and New York Licensing Law, as well as the Massachusetts Licensing Bill.

The research was summarized on a chart which is available from the Office of Accreditation. The summary yielded concrete evidence that candidates who graduate from currently accredited psychoanalytic training programs have invested many more hours than those required in the *Standards*. This led to a discussion of changes in the standards to reflect what is already occurring in training programs and the clarification of several standards that were open to ambiguous interpretations.

The following are proposals for amending the *Standards* at the next semiannual meetings on Friday, October 26, hosted at the C.G. Jung Institute of New York:

- 36 Carnegie units/450 clock hours of post-Master's level coursework in psychoanalytic studies
- 500 hours of clinical experience, including a minimum of the following:
 - 300 hours personal (individual) analysis with a psychoanalyst during training
 - 200 hours individual supervision, with a minimum of three psychoanalyst supervisors, including 50 hours on one case with one supervisor; and 50 hours on one or more cases with a second supervisor
- 1,000 hours supervised clinical experience; 250 hours of which may consist of group supervision, case conference supervision, and continuing clinical education experience.

Such changes would characterize the ABAP, Inc. *Standards* more accurately and be comparable to the requirements of the organizations noted above. The *Standards* Project Committee included the following analysts: Jennifer Harper (BPI, WITPP), Pearl Appel (NPAP), Pamela Donleavy (CGJ-Boston), Joel Gold (IEA), Douglas Maxwell (NPAP), Jessica Mitchell (WITPP), Carol Panetta (BGSP), Dena Reed (BGSP), and Vicki Semel (ACAP). Ex Officio participants were Stephen Ellis (PSP), Chair of COA; Joseph Wagenseller (CGJ-NY), Chair of ABAP, Inc; and David Dalrymple (CGJ-Chicago), Executive Director of Accreditation.

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Generosity & Greed
Neurobiology of Generosity
Time to Treat the Times
Memory & Remembrance of Things Past

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FOR THE ADVANCEMENT
OF PSYCHOANALYSIS

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Douglas F. Maxwell

I am honored to be able to assume the NAAP presidency for a second term. It comes at a time when there are crucial issues at hand for the preservation and furtherance of independent psychoanalysis.

In the area of legislation in New York State, a bill has been introduced into both state houses that would amend the psychoanalytic statute to include a requirement for continuing education credits. This is something that all the other mental health licensing statutes include, but even more significantly, this bill includes language that would amend the scope of practice in the statute to include the words **"diagnose and treat."** This will not only be an affirmation of what we actually do as analysts, but also will go a long way towards creating parity between our statute and all the other mental health statutes. In addition, it is a first major step towards our being mandated to receive insurance reimbursement for our patients. This is a major goal for my administration over the next two years.

Accreditation will be another area of concern during my term of office. During the recent ABAP meetings held in Massachusetts a significant amount of time was spent discussing and reflecting on our standards. This is extremely significant since at this moment several different entities

PRESIDENT'S REPORT

are either forming potential accreditation agencies or attempting to expand ones that already exist. ABAP needs to stay ahead of the curve in order to best serve the needs of our institutes, and all of our member institutes need to consider ABAP accreditation if they have not already done that. With the leadership of Jennifer Harper, a draft proposal for standards came out of the ABAP meeting. You can read the specifics of it in this issue of *NAAP News*.

NAAP can only continue to serve the best interests of its members if we have your support. More than your membership dues, your support on the committees and for the activities of NAAP is what will ensure NAAP's future. We recently conducted a study and discovered that less than 50% of member institute faculty are individual members of NAAP. In addition, many other institute members have not joined. I implore each NAAP member to approach one of your colleagues who is not a NAAP member and encourage him or her to join. That would be in the best interest of all of us who support the independence of psychoanalysis.

Join with me in supporting NAAP in the coming two years as we continue to work in furtherance of independent psychoanalysis.

Douglas F. Maxwell
President

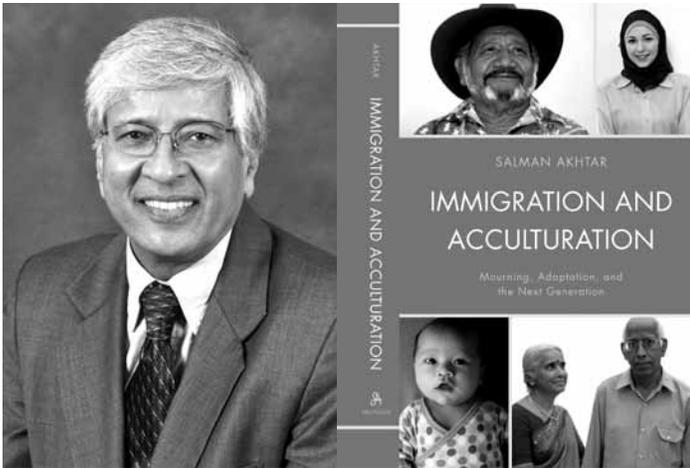
FYI

NAAP subscribes to *Psychotherapy Finances* newsletter. Check out their website www.psyfin.com for information that is useful to mental health practitioners. For instance, the March 2012 issue had an article stating that the lack of red meat is linked with depression and anxiety disorders in women, according to Australian researchers.

Also in the same issue, the American Psychiatric Association believes that the government is putting parity at risk by allowing states to define minimum "essential health benefits" in their own way. Psychiatrists submitted a written objection to the feds' approach in January.

And the trend of behavioral health disorders as entertainment continues. According to *Psychotherapy Finances*, more than a dozen reality TV shows focus on some form of addiction or obsessive-compulsive behavior.

GENEROSITY AND GREED: SHAPING SELF AND SOCIETY



Salman Akhtar

The NAAP 40th Annual Conference, with Salman Akhtar, MD, as keynote speaker, will be held on Saturday, October 27, 2012 at the Scholastic Building in NYC.

To celebrate NAAP's 40th Annual Conference we have invited Dr. Salman Akhtar to be our keynote speaker. In a discussion about his talk, **Generosity: Clinical, Developmental, and Cultural Aspects**, a new one for Dr. Akhtar, he said "I'm always thinking about new things and this, generosity, is something I've been considering for some time. What gives rise to the capacity to be generous? What are the pathological forms of generosity? What are normal functions? Can one be generous and miserly at the same time, have split attitudes? Generous toward whom and under what circumstances? At what age does one learn generosity? So there will be a developmental section, a psychopathological section and a treatment section in the talk. In the treatment section I'll look at issues such as the patient's generosity toward the clinician, the clinician's generosity toward the patient. ...both literally in terms of time and money, but also in terms of understanding, acceptance, and in a useful way, not pathological, but useful in studying the relationship."

Salman Akhtar is a renowned author, lecturer, and educator. His writing, which includes more than 32 books, reflects his voracious curiosity about the dynamics of the human experience. His works are profound; for example, exploring the depths of psychic experience of trauma in *The Unbroken Soul* to an examination of *Immigration and Acculturation*. Akhtar's writings demonstrate his tireless quest to learn more about how we grow and function, or don't, and are presented in his eloquent, humorous way of looking at us, fellow humans, and sharing his ideas.



The Gradiva® Awards Lunch will be held in the penthouse Greenhouse Room with its panoramic views, welcoming staff, and superb dishes to enjoy while meeting the award winners.

NAAP's afternoon workshops, always a highlight of the conference, add a new dimension of pleasure and exploration to this 40th event. There will be 14 to choose from and I will list a few to give a taste of what's to come:

- "Expenditure beyond remuneration: clinical meditations on sacrifice, emptying, kenosis, and letting go" (Barbre)
- "Virtues and vices: the need for both in evolution and clinical practice" (Lieber)
- "Women and money: when is too much not enough?" (Quackenbush)

There will be eleven more to choose from, each providing opportunities to learn, share, experience, and connect with colleagues.



A word about the remarkable **Scholastic Building**, with its state of the art conference facilities, is at 557 Broadway between Prince and Spring Streets in the Soho neighborhood of New York City. It was the first new building to be constructed in the SoHo-Cast Iron Historic

District, replacing a one-story garage built in 1954. Completed in 2001, it is the only New York City work by the Italian architect Aldo Rossi. Originally conceived of in his New York office, it was completed and refined by Rossi's disciple, Morris Adjmi. It is respectful of its immediate neighbors and pays homage to the district's cast iron architectural identity. The cast iron architecture that defines this neighborhood straddles between the classical and industrial periods of New York's past. According to historian William Higgins, "the building's columnar Broadway facade, in steel, terra-cotta, and stone, echoes the scale and the formal, Classical character of its commercial neighbors. The rear facade, on Mercer Street, extracts a gritty essence from its more utilitarian surroundings of plain cast iron and weathered masonry."

One could say that the Scholastic Building is a gift of generosity from architect Aldo Rossi to the New York City he loved. William Higgins wrote in "Wired," "Rossi loved New York's skyscrapers and its orderly grid, but he also had an eye for the city's accidents and mysteries, for the New York of unfinished lot-line walls, dark side streets, and rusting fire escapes. One of the architect's best sketches for the Soho building shows the Broadway facade in mist and shadow, under the kind of irregular light that might have filtered through nineteenth-century coal smoke. Publicly and privately, Rossi always said it would be an honor to have a building in New York, and especially on Broadway. There was a real, unforced humility in this. Rossi had built all over the world, and had received

[continued on page 15](#)

HAROLD L. DAVIS, 86, PHYSICIST BY DAY, PSYCHOANALYST BY NIGHT



Harold L. Davis

Dr. Harold L. Davis, a physicist and psychoanalyst best known for his fifteen-year tenure as editor-in-chief at *Physics Today* and for his thirty-year legislative efforts to regulate the mental health professions and establish psychoanalysis as an independent profession in the state of New York, died on May 31, 2012, after a long illness in Newton, MA. He was 86 years old. The cause of death was sepsis.

Dr. Davis began his study of physics in the late 1930s at what was then the Carnegie Institute of Technology in Pittsburgh, PA. In 1942, he interrupted his studies to enlist in the Army, where he served on the front lines in southern Germany as a Scout. Dr. Davis told family members that he was never actually sent on a reconnaissance mission when on active duty, as he was an excellent typist and his commanding officers did not want to risk losing him in combat.

After the war, Dr. Davis completed his doctoral studies in High-Energy Physics at Cornell University, where the faculty was staffed with scientists who had contributed to the design of the world's first atomic bomb as part of the Manhattan Project a half-decade earlier. In keeping with his training, Dr. Davis's first job as a physicist was at Pratt & Whitney Aircraft, where he was charged with the development of aircraft powered by nuclear energy capable of keeping nuclear bombers afloat for months at a time. Concerned about nuclear weapons becoming too commonplace, Dr. Davis later told an interviewer from *Physics Today* that after only a few months "it became clear to me that – luckily – this thing would not be feasible."

Not wanting to be what he called "one of the ants" in the military-industrial complex, Dr. Davis switched his focus from applied physics to journalism and education, and began working at McGraw-Hill, where he became managing editor of *Scientific Research* and *Nucleonics*, leading international trade publications for professional physicists, engineers, and scientists.

In 1969, he was appointed editor-in-chief of *Physics Today*, the flagship news and research source for physicists around the world, giving Dr. Davis the opportunity to become the voice and conscience of physicists everywhere. As editor, Dr. Davis redesigned the magazine so the articles were more informal and accessible to a lay audience, with the goal of giving physics a "louder voice" and impacting the public policy process. His editorials focused extensively on the dangers of nuclear weapons and were often critical of U.S. policies for failing to adequately consider input from the scientific community. In a 1972 editorial, "Lost: Our Voice in Washington," he drew attention to the fact that not one of the top government science posts were to be filled "by a man who made his mark as a scientist." To his surprise, the executive committee at *Physics Today* was alarmed by his editorial content on a number of occasions because, Dr. Davis said, they were "afraid the White House wouldn't like it." As a result, there was a period of time during which his editorials became subject to pre-press review by the committee. Near the end of his tenure in 1983, Dr. Davis was honored by the American Physical Society which named him an APS Fellow "For his sustained championing of the cause of arms

control and for his constant editorial reminders of the role physicists are obligated to play in the debate."

Ultimately, Dr. Davis came to believe that the solutions to society's most formidable challenges were not going to come from better understanding the physical laws of nature, but from insights into the internal workings of the human mind. To this end, he immersed himself in the parallel study and practice of psychoanalysis, which he felt had great potential for becoming the "science of man."

In the 1960s, while still working at McGraw-Hill, he completed his personal training and certification at the National Psychological Association for Psychoanalysis (NPAP), the oldest and largest non-medical psychoanalytic institute in Manhattan. In the early 1970s, he started a private practice, and helped found the Center for Modern Psychoanalytic Studies. He later served as faculty member and Coordinator of Research Programs at the institute's Manhattan and Boston locations for over 25 years.

Dr. Davis's most enduring contribution to the field of psychoanalysis was his championing of the legislation that in 2002 resulted in New York becoming the first state in the country to recognize psychoanalysis as an independent profession with its own scope of practice license. Dr. Davis began to sow the seeds for this legislative objective by founding the Joint Council for Mental Health Services (JCMHS), a state-wide mental health services advocacy group, as well as helping to found the National Association for the Advancement of Psychoanalysis (NAAP), an accrediting agency for psychoanalytic training institutes across the country.

In his various roles over a three-decade period as Chair of the JCMHS, head of the legislation committee at NPAP, and President of NAAP, Dr. Davis was involved in all aspects of the legislative process, including testifying before legislative conferences and committees.

In May 1993, as part of a statement to the New York State Board of Regents Legislative Conference, Dr. Davis summarized the inequities and potential abuses that he felt needed to be addressed by regulation of the unregulated mental health fields, including psychoanalysis: "Recently, sitting in my barber's chair, it occurred to me that I could not hold myself out as a 'barber' because barbers are licensed, but my barber could call himself a 'psychoanalyst' if he chose to do so." By way of illustrating the potential for title misuse, Dr. Davis recounted the documented case of a former psychiatrist who continued to practice therapy by using the unregulated title of "psychotherapist," even though his medical license to practice "psychiatry" had been revoked for sexually abusing female patients years earlier.

In an interview, Dr. Pearl Appel, who documented the political history of the passage of the New York psychoanalytic licensing bill in the book *Who Owns Psychoanalysis?*, characterized Dr. Davis's role in the legislative outcome as "absolutely pivotal," and ultimately concluded "it would likely not have happened without him."

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Certificates of Accreditation were presented by ABAP, Inc. Chair Joseph Wagenseller (CGJ-NY), to the following: **Ron Lieber**, Director of the Center for Modern Psychoanalytic Studies; **Joel Gold**, representing the Institute for Expressive Analysis; and **Susan Jakubowicz**, Director of the Center for Human Development. Certificates have also been delivered to the Institute for Psychoanalytic Studies, Inc., in Teaneck, New Jersey and to the Colorado Center for Modern Psychoanalytic Studies (Conditional Accreditation for five years).



countries. As a recognized member of the Association of Specialized and Professional Accreditors, ABAP, Inc., is part of a national community which includes accreditors from fields such as Allied Health, Counseling, Health Education, Marriage and Family Therapy, Psychology, Public Health, Social Work, Teacher Education, and others. ABAP, Inc. has endorsed the **ASPA Code of Good Practice** which emphasizes these values: trustworthy mission-based processes; effectiveness in accreditation relationships; respect and protection

A number of On-Site Evaluations have occurred recently. These could not have taken place without analysts and other professionals taking the time to read approved Self Studies and supporting documents, then traveling to applicant institutes for at least a day of Team observations and discussions with the applicant institute's administration, director, board, faculty, students and candidates, and graduate analysts.



of institutional autonomy; broad perspectives for wise decision-making; the development of knowledge and competence; integrity in its operations; the assurance of expertise; and experience in the application of standards and procedures.

Stakeholders in psychoanalytic training such as students, candidates, faculty, and graduate analysts should enquire as to whether their institutes' training programs are accredited.

- The Team evaluating the Center for Human Development on April 16 included: Jay Livernois, PhD, Chair; Ernie Wetzel, Treasurer HFI; Sheila Zaretsky (ACAP); and Michael Connolly (HFI).
- Evaluators at the Academy for Clinical and Applied Psychoanalysis on May 10 included: Guilford Bartlett (AAI-NY), Chair; Angela Sandone-Barr (PSP); Nicole Grace (IPS); and Jodi Kosofsky (NJIT).
- The Team at the Westchester Institute for Training in Psychoanalysis and Psychotherapy on May 14 was composed of: Joel Gold (IEA), Chair; Pearl Appel (NPAP); and Michael Tino, PhD, MDiv, of Mt. Kisco, NY.



Joseph Wagenseller, Chair of ABAP, Inc., presents Certificates of Accreditation to Susan Jakubowicz (top); Joel Gold (middle) and Ron Lieber

- Evaluators to the Kentucky Psychoanalytic Institute on May 29 included: Boris Matthews (CGJ-Chicago); Melissa Leith, PhD, Clinical Psychology; Bonnie Boyce, LMFT; and David Dalrymple as accreditation oversight.

As Evaluation Reports are completed, the Committee on Accreditation will read each one and make recommendations to the ABAP, Inc. Board regarding accreditation decisions.

Professional accreditation began as a uniquely North American phenomenon for voluntary self-regulation through peer review. It has now become a common assurance of quality and integrity for higher, specialized, and professional education in many

David J. Dalrymple, PhD, NCPsyA, is the Executive Director, Office of Accreditation, at ABAP, Inc.

- Accreditation Actions**
- Institute for Psychoanalytic Studies, Inc.**
Initial Accreditation for seven years
- Center for Modern Psychoanalytic Studies**
Initial Accreditation for seven years
- Center for Human Development**
Reaccreditation for seven years

HYMAN SPOTNITZ STUDY GROUP

The Hyman Spotnitz Study Group will offer a panel discussion in September on "Wisdom of the Ages Through Greek Mythology: Wisdom or Folly?" Participants will offer pro and con positions regarding the usefulness of considering mythological archetypes in clinical cases. Stanley Hayden discusses Daedalus and Icarus; Dwight D. Panozzo presents the House of Atreus; Sarah Perkins participates as the discussant; and Gerald Fishbein moderates. September 30, 2:15 -4:15 PM, Fair Lawn Library, Fair Lawn, NJ. For further information contact Mrs Perkins at sperkinslscw@gmail.com or (201) 906-8649.

NEUROBIOLOGY OF GENEROSITY

by Inna Rozentsvit



Inna Rozentsvit

"The true meaning of life, Wesley, is to plant trees under whose shade you do not expect to sit." (Nelson Henderson)

"One day... Bob May gave me some advice: 'You never lose for being too generous'. I was impressed because Bob is a winner." (Martin A. Nowak)

We live in generous times. Millions of dollars are donated to various social causes and to unrelated people, who

might never meet each other in their lifetime. Are we hard-wired for generosity or is it a learned behavior? Is it contagious? Can we imagine it being pathological? It seems that our answers will differ depending on *what* we are, professionally and culturally (given that inter-personal and gender-based variations are taken out of equation). Overall, generosity is perceived as giving to others at costs to oneself. As social philosopher Adam Smith stated in his greatest book, *The Theory of Moral Sentiments* (1790): "How SELFISH soever man may be supposed, there are evidently some principles in his nature, which interest him in the fortune of others, and render their happiness *necessary to him*, though he derives nothing from it except the *pleasure* of seeing it." Can this pleasure be pathological?

First, it is important to really distinguish generosity from altruism. Generosity involves more of the ability to *share* with another person some material and non-material possessions, and it is a *social* phenomenon; while in altruism, selflessness and putting the interests of others above one's own interests are the most prominent characteristics, and *denial* of one's own needs (which can be considered pathological in certain circumstances) is more feasible there. The earliest reference to pathological generosity (PG) in psychoanalytic literature can be found in Hilda Lewinsky's 1951 article "Pathological Generosity." As per Lewinsky, giving in PG originates from "oral and anal fixations," as a reaction to "greed for love," which cannot be satisfied through sadism, and as an "illusion of ultimate reciprocity." She compares PG with the unconscious technique of "*homoeopathic magic*."

My search for neurobiological correlates of generosity and PG brought to light the following: Studies of neuroeconomists Zak, Stanton, and Ahmadi (2007) and neuropsychiatrists Bora, Yücel, and Allen (2009) concluded that humans are "routinely" generous (while being generous means in their terms as "*offering more than the other expects*"), and that generosity is routed in empathy (by the principle 'what fires together – wires together!'), and that it is an expression of their "human affiliative behavior." They also suggested that neuropeptide/neurohormone oxytocin (OT) is intimately connected to generosity, since OT significantly increased generosity in the subjects of their research. Those who had an

infusion of OT were 80% more generous in splitting money with a stranger; in comparison with those injected with a placebo. It is interesting to note that in the same study, OT did not have such an effect on unilateral (altruistic) money transfer. Although this type of study did not reach a "final" conclusion about all the factors involved in generosity, all the interpersonal variations included "emotional identification with another person" (or empathy), altruism, and influence of OT (with OT being twice as strong a factor than altruism).

Another group of neuroscientists (Moll, Krueger, Zahn, Pardini, Oliveira-Souza, and Grafman, 2006) used functional MRI (fMRI) technology to investigate charitable behavior, which included *anonymous* material sacrifice while endorsing or opposing societal causes based on moral beliefs. In this study, fMRIs showed that "the mesolimbic *reward system is engaged by donations* in the same way as when monetary rewards are obtained." This study also showed that the areas of more primitive mechanisms of social attachment and aversion (located in orbito-frontal areas) are involved in decisions of supporting or opposing societal causes, while the anterior portions of prefrontal cortex are involved in altruistic choices. As the editors of *Science Daily* put it, "... 'joy of giving' has an anatomical basis in the brain – surprisingly, one that is shared with selfish longings and rewards."

Some of the recent studies do describe different sorts of PG, mostly related to impulsive-compulsive phenomena of "excessive and inappropriate philanthropy" in patients treated with dopaminergics for Parkinson's disease, as in the study by O'Sullivan, Evans, Quinn, Lawrence, and Lees (2010), described in their article "Reckless Generosity." Similar dopaminergic mechanisms of pathological (or "reckless") generosity should be suspected in patients with various manic conditions, with out-of-control impulsive behaviors.

Overall, neuroimaging and other neuroscientific experiments in the roots of voluntary giving (generosity) and PG have still to find "the golden recipe" of this phenomenon, but today we know for sure that it involves neurobiological pathways which process empathy, emotions, and social information, as well as a primitive (or evolutionary early), mesolimbic (mid-brain), dopamine-based reward system; and oxytocin, the hormone of trust, perspective-taking, mothering, and bonding. We also know from the same studies that generosity makes people happier. Maybe, in return, the pursuit of happiness makes us more generous, as these two processes regulate each other. This is still to be investigated.

Inna Rozentsvit, PhD, MD, is a neurologist and neurorehabilitation specialist, trained in psychoanalysis and psychotherapy. She is a founder of Neurorecovery Solutions. Dr. Rozentsvit is a scientific faculty member and an administrator of the Object Relations Institute for Psychotherapy and Psychoanalysis.

"I always start off doing short-term therapy; but it often takes a very long time."
Leston Havens, MD

The **Time to Treat the Times Working Group (t2ttt)** was formed in response to the publication of an opinion piece in *The New York Times* on April 21, 2012 ("Still in Therapy? Enough Already" by Jonathan Alpert).

Perhaps this piece of writing that openly lambastes psychoanalysis — published as it was under a photograph of Freud's iconic couch while berating the value of long-term treatment — was the straw that broke the camel's back. We recognized that analysts, analysts, and fellow travelers were particularly upset by what they read that Sunday and some, beginning with Todd Essig in his Forbes blog, wrote about it. Others wrote to Alpert himself and found his responses glib. The following Monday, some arrived at their places of employment, such as insurance companies and mental health clinics, only to find the article, which advocates advice-focused and very brief therapy, on their desks as a reminder to work faster.

It seemed the time was right to generate a little campaign that aimed to raise consciousness at the paper of record and so an email was sent out asking people to write to the NYT. We had a simple thought: If those of us who believe in the unconscious don't stand up on its behalf, then who will? And if the culture diminishes the unconscious, where are we headed as a culture?

The paper published three letters to the editor on this article on April 23 and, in that regard, seemed to be done with the issue. Recognizing that, a decision was made to approach our ombudsman there — Arthur Brisbane, the public editor — regarding our concerns. As I write this, over 60 letters (that the working group is aware of) have been sent Brisbane's way. The

letters are lively, educational, funny, poignant, and erudite. They are great reads. So as to be sure to include analysts of many stripes, efforts have been made to reach out to various institutes including PPSC, CMPS, NYU-Post Doc, WAW, WTCl, NPAP, and others.

Our goal is to raise consciousness about the talking cure. While the letter-writing aspect of the campaign is drawing to a close, the next phase may involve amassing the letters, framing them, and exhibiting them somewhere—meaning we need a space that can be open to the public. Maybe the letters will become a book. Maybe we will have an installation, with a few couches in the room, the letters framed on the walls, the images they evoke illustrated, and a new analyst every 50 minutes running the space as they see fit. We are open to ideas and we look forward to hearing from you.

If you still want to write to the *Times* (remember, there is no such thing as time in the unconscious, so why not?) send your letter to Arthur Brisbane, public@nytimes.com. Include your address and phone number at the bottom of the letter and if you want to have your letter archived and considered for inclusion in whatever activities the Working Group may develop around this campaign, email it to tracedoris@gmail.com.

Tracy Morgan maintains a private psychotherapy practice in Manhattan seeing individuals, couples, and groups. She is also an advanced candidate at CMPS and is the host of the webcast *New Books in Psychoanalysis* (www.newbooksinpsychoanalysis.com).

Go to freudianachachacha.wordpress.com to view all the letters received by the Times on this subject.

THE WAY OF THE FOURTH TOE: INTO THE FEELING BODY, BY JACK WIENER

Review by Lynn Somerstein

Jack Wiener is both a psychoanalyst and a dancer; he brings to his book *The Way of the Fourth Toe* an uncommon wisdom derived from both these disciplines, which he learned at the National Psychological Association for Psychoanalysis and at the Juilliard School. He is also the founder of The School for Creative Movement.

The book is divided into three sections, starting with practical information about relieving foot, knee, leg, and back pain. Mr. Wiener describes in easy-to-understand language, diagrams, and examples how to make small, incremental changes in stance and movement that teach the reader ways to appreciate individual patterns of motion, the "interplay of muscles," to protect the body from overdosing on forcing or feeling forced to try too hard. The second section of the book details three major perceptual styles of bodily experience, using description as well as case examples that show the result of the intellectualization of the body which causes people to lose touch with their physical, cohesive self. Solutions are addressed using the awareness activities in the first part of the book.

Mr. Wiener concludes his work trying to understand why the body and its muscles, the highway of unconscious emotional transmission, are still often routinely dismissed and ignored by parts of the psychotherapeutic community, which instead privileges early-in-life memories and experiences of relatedness. He suggests that the emphasis on relatedness and memory is in fact a shield against our Darwinian inheritance of fear, which unfortunately subordinates our natural mechanism for consciousness and grounded feelings of clarity. Clearly these concepts are not mutually exclusive, but rather mutually enriching.

Our Darwinian animal legacy, finally being validated through the science of brain chemistry, and our five senses, especially touch, are the source of all creative endeavors and the pleasure of living; they are increasingly receiving their due. *The Way of the Fourth Toe*, available at Amazon, is a practical contribution to the growing therapeutic literature about the union of body and mind.

Lynn Somerstein, PhD, NCPsyA, LP, RYT, is Director of the Institute for Expressive Analysis, editor, and author of numerous articles about yoga and psychotherapy, such as "Home Practice," appearing in *Integral Yoga*, Fall 2012.



Groups Offered to All Mental Health Professionals - by Susan Kavalier-Adler, PhD, ABPP, NPsyA, D.Litt

- Monthly Psychotherapy and Mourning Group, with Guided Psychic Visualizations (First Saturday of the month, 12-4 pm; September through June; 115 E 9th Str., 12P, NYC; \$130/monthly) – membership is limited, but openings are possible in September 2012
- Monthly Supervision Group, with Role-playing and Teaching Clinical Theory (**In-person**; First Friday of the month, 1:15-2:45pm; September through June; 115 E 9th Str., 12P, NYC; \$75/month) – ongoing group, open for new members. All mental health practitioners are welcome!
- Monthly Supervision Group (**Virtual** - via Internet or phone, Second Friday of the month, 2-3:30pm; September through June; \$75/month) – ongoing group, open for new members. All mental health practitioners are welcome!

Individual supervision (case-by-case or on-going) - is available

In-person or via Video- and Audio- Conferencing



Bio: Susan Kavalier-Adler, PhD, ABPP, NPsyA, DLitt - is a skilled object relations clinician-psychoanalyst and psychotherapist with over 35 years of experience. She is a training analyst and senior supervisor, as well as a seminal theoretician and writer. Her three books and over 60 journal articles and edited book chapters are well known in the US and internationally, as they are related to both theory and clinical work. Dr. Kavalier-Adler has integrated many aspects of British and American object relations theory in her own theory of “developmental mourning” as a critical psychic change process.

Contact Dr. Kavalier-Adler at 212-674-5425 or drkavaleradler@gmail.com

Visit www.kavaleradler.com for more information

MEMORY AND REMEMBRANCE OF THINGS PAST

by Margery Quackenbush

On Friday, May 11, 2012 Margery Quackenbush traveled to Philadelphia to speak to the Philadelphia Jungian Professional Club about "Memory and the Remembrance of Things Past."

Marion Frank, EdD, a NAAP member, is the Conference Chair of the PJPC. Dr. Frank usually chairs three seminars in the spring and two in the fall. In 2011 all the speakers were NAAP members and in 2012 all the speakers except one are NAAP members.

My talk was about the interface between neuroscience and psychoanalysis. Neuroscience has a valuable contribution to make to the understanding of memory and the emotional brain and its implications for psychoanalytic thinking. Drawing from an array of scientists, I attempted to answer some important questions about memory, and give a historical perspective of the research on memory to help us and our patients understand the nature of its complexity. The aim of this talk was to build bridges between psychoanalysis, neuroscience, cognitive science, and psychology. The presentation aimed to bridge the gap between theory and clinical practice, and demonstrate how awareness of the insights gained from neuroscience is essential to psychological therapy.

To begin, I explained the difference between short-term and long-term memory. Long-term memory requires repetition. If something is heard only once, the chances are high that we will not remember it. Marcel Proust in "The Remembrance of Times Past" demonstrated emotional memory. If a strong emotion is connected to a memory we tend to better recall it. Proust realized that the reason he recalled the memory of the madeleine lay in *him*, not in the cup of tea he was drinking when he had the memory.

I discussed Sigmund Freud and his Project for a Scientific Psychology, and how Freud did not have the neuro-scientific research that we have today to prove or disprove his theories. Then I moved on to modern thinkers such as Dr. Hyman Spotnitz who carried on the work of Freud in neuroscience into areas that Freud did not address. Dr. Spotnitz's interventions encouraging patients to talk brings up spontaneous memories.

Eric Kandel studied the Aplysia snail to explore sensitization and habituation. He went on to explore how the brain processes long-term memory. Joseph LeDoux studies how our amygdala reacts to a fearful experience; how, for example, we are primed to see a snake when we see a stick. This is better than seeing a stick when it is really a snake.

Next we explored Dr. Richard Lane's Levels of Emotional Awareness test, which shows on a scale of 1 to 5 how in touch people are with their emotions and how to better express their emotions. He was senior editor of a book titled *Cognitive Neuroscience of Emotion*.

In his book *The Seven Sins of Memory* Dr. Daniel Schacter divides the seven sins of memory into 3 sins of omission and 4 sins of commission. One example is transience — the decreasing accessibility of memory over time; e.g., President Clinton's convenient lapses of memory during the Monica Lewinsky investigation.

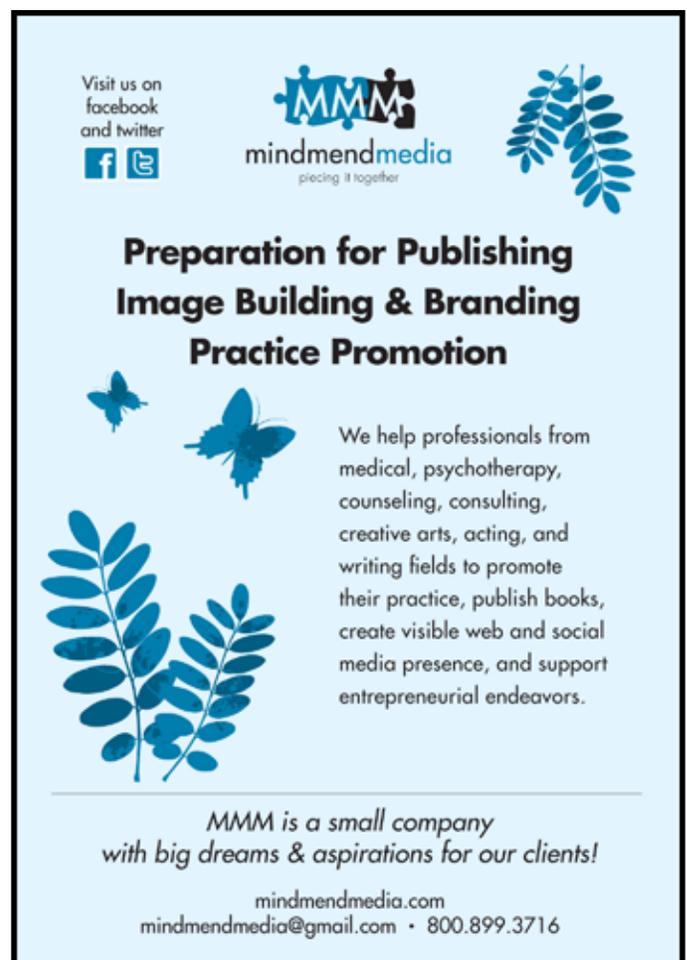
I went on to discuss Dr. Yoram Yovell's studies of the memories of trauma survivors, which follow the development of traumatic amnesia, and Dr. Jeffrey Prager's exploration of "the problem of misremembering of childhood abuse." This happened with a patient who initially thought she had been abused by her father but then realized that the feeling covered up her actual positive feelings for her father.

Lastly, I presented three cases to demonstrate the levels of remembering and misremembering. The first case was about someone who has trouble remembering and then learns how to continue in a high-pressure position. The second concerned the treatment of a woman who cannot remember whether or not she was abused as a child, and the third case was about a woman who cannot remember because she never had the memory of a traumatic incident that had occurred in her life.

As a wrap-up Dr. Frank suggested I ask the group for a Jungian perspective, which I did. Dr. George Bernato then proceeded with a Jungian perspective on memory.

Margery Quackenbush, PhD, mq@naap.org, is Executive Director of NAAP.

For information on upcoming talks at the PJPC, go to www.jungclub.com.



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REMEMBERING DR. HAROLD DAVIS

by Robert R. Quackenbush



Harold Davis

Harold Davis was one of the great advocates of psychoanalysis through his service to many organizations that promote mental health such as The Joint Council for Mental Health and the National Association for the Advancement of Psychoanalysis (NAAP). For NAAP, he served on the Board of Trustees for many years and also served as president of the organization from 1990 to 1992. More than that, as a member

of the faculty of the Center for Modern Psychoanalysis, he trained many people to find their way in life as psychoanalysts.

Margery, my wife, and I are among those many people who were privileged to be trained by Dr. Davis at the Center. We attended his classes on psychoanalytic theory and clinical practice, and he was key supervisor for the cases that we were assigned as part of our training. Under his supervision, whenever I was concerned about an intervention I had given to a patient, he would say, "If you had to do it over again, how would you do it differently?"

After I graduated from the Center I worked with Dr. Davis again when I was elected to serve on the Board of Trustees at NAAP. I served on the Board for three years from 1991 to 1994. As a member of the Board I was inspired by the tremendous dedication Dr. Davis had toward psychoanalysis. I was determined to find new ways to promote psychoanalysis to the general public. During those three years, I sought and received testimonials from famous people, wrote brochures about psychoanalysis for distribution, in the mail and at NAAP conferences, and founded the Gradiva@Awards for creative works by artists and writers that support psychoanalysis.

The work couldn't have been done without the support and encouragement I received from Dr. Davis. As a result of the work I did for NAAP, Dr. Davis nominated me for NAAP's Vice President of Public Information, which was approved by the Board of Trustees. I was very moved by his kindness and generosity for doing that. I was also very moved by him a decade later when I was applying for my license as a psychoanalyst from New York State, as he wrote a letter of recommendation for me that was influential toward my being the third person and first male to receive a New York State license as a psychoanalyst.

Dr. Davis was a father to many people. Today, when I think of his passing, I visualize in my mind someone asking him before he left us, "If you had it all to do over again, what would you do differently?" In my mind, I imagine him answering, "Nothing. As Sigmund Freud said, the only important thing in life is love and work. And that's what I did."

Author/artist/psychoanalyst Robert Quackenbush, PhD is a graduate of the Center for Modern Psychoanalytic Studies where Dr. Harold Davis was one of his mentors.

Copy of a photo taken of Dr. Harold Davis in Venice by his son, Michael.

HAROLD L. DAVIS, 86, continued...

In his spare time, Dr. Davis was a marathon runner, avid windsurfer, and sailor off the shores of the Block Island Sound and Atlantic Ocean.

He is survived by his two children, Jennifer and Michael, of Providence, RI, and Concord, MA; two grandchildren, Olivia and Ginevra; his three siblings, Wayne, of York, PA, and Doris and Alice, of Washington, D.C.; and his wife of 55 years, Dr. Eleanor Davis of New York, NY, who, along with her husband, became one of the first psychoanalysts to be licensed in the U.S. after New York's landmark licensing bill took effect in 2006.

Memorial contributions can be made in the memory of Harold L. Davis to the Union of Concerned Scientists (UCS) at www.ucsusa.org/memorial, or to the National Association for the Advancement of Psychoanalysis (NAAP) at www.naap.org/donate.



In the spring issue of NAAP News, we omitted to include the drawing submitted by Krystyna Sanderson to accompany her article, *A Glimpse of the Numinous*. We are printing it here for your enjoyment.

A Glimpse of the Numinous

From the window of my office my patients and I can see a bustling street, a penthouse with a garden, fire escapes, and a big parking lot. The window provides a front row view of the world outside. It is always the same view, but it varies depending on the season and the weather; basking in sun, or cloaked in snow, obscured by rain, or darkened by clouds. From time to time we get a visitation from a pigeon landing on the window ledge.

40TH ANNUAL CONFERENCE GENEROSITY & GREED: SHAPING SELF AND SOCIETY

We cordially invite all our institutes to sponsor NAAP's 40th Annual Conference "**Generosity & Greed: Shaping Self and Society**" which will be held on Saturday, October 27 at the historic Scholastic building in New York's Soho district.

We are excited to have Salman Akhtar, MD, as our 2012 keynote speaker: His recent book, *Immigration and Acculturation: Mourning, Adaptation and the Next Generation*, expands the emerging field of intergenerational trauma studies and covers a font of new areas such as work and money, friendship, marriage, divorce, old age, and politically motivated arguments against immigration.

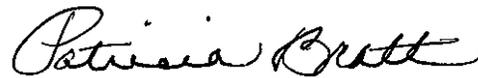
The 19th Annual Gradiva® Awards for the best published, produced, or publicly exhibited work will be announced, as is customary, during our special Gradiva® Awards Banquet, chaired this year by Loren Stell, MDiv. Following the awards there will be two workshop series of seven workshops each led by psychoanalysts from the various schools of thought represented by NAAP.

We are pleased to offer two levels of sponsorship. Level 1, \$75, ensures your institute listing in our conference brochure. Level 2, \$150, also entitles you to display institute materials – training programs, continuing education programs, conferences, etc. – throughout the duration of the conference.

Please help support our 2012 annual conference. Become a Sponsor. Choose your level of sponsorship and send a check for \$75 or \$150 to NAAP as soon as possible.

Thank You for supporting NAAP!

Sincerely,



Patricia Harte Bratt, PhD, LP, NCPsyA
Conference Chair

Jung in the Academy and Beyond **The Fordham Lectures - 100 Years Later** October 26-27, 2012 **Fordham University, Bronx, NY**

In the autumn of 1912, the psychiatrist and psychoanalyst Carl Jung delivered a series of nine lectures at Fordham University. Although titled "The Theory of Psychoanalysis," he outlined the future development of his work as differing from the theories of Sigmund Freud. First published in the inaugural edition of the *Psychoanalytic Review*, a revised edition of these lectures, *Jung Contra Freud*, is now available.

Fordham University, in collaboration with the Jungian Psychoanalytic Association of New York, seeks to honor the 1911-1912 Jung Lectures with a Public Lecture and a Conference that promises to locate Jung in the academy and beyond, in the years when the lectures were delivered and published, today, and in the future.

PUBLIC LECTURE

On Friday evening, October 26, Sonu Shamdasani (University College London) will present a **Public Lecture** with a response from Martin Schulman (Former Editor, *Psychoanalytic Review*).

Saturday Conference

Invited speakers include Joseph Cambray (Harvard Medical School), Eugene Taylor (Saybrook Graduate School and Harvard Medical School), and Ann Ulanov (Union Theological Seminary).

The Public Lecture and Conference will be held at Fordham University's Rose Hill campus.

For more information email jungatfordham@fordham.edu



Left to right: Chris Beach, Polly Armstrong, Beth Darlington, Jay Sherry

On Saturday, March 31st, the five organizations that comprise the Jung Center of New York sponsored a **Founding Mothers Conference** to honor the four women doctors who introduced Jung's Analytical Psychology to the United States. Jay Sherry lectured on Beatrice Hinkle, Beth Darlington on Kristine Mann, Chris Beach on Eleanor Bertine, and Polly Armstrong on Esther Harding. Part of a generation of Progressive-era women who went to New York to carve out professional careers, they met at the YWCA-sponsored International Congress of Women Physicians in 1919 and went on to participate in a number of public health initiatives

aimed at improving the lives of women. Beginning private analytical practices, they helped found the Analytical Psychology Club of New York in 1936. Through books, lectures, and their therapeutic work with patients, they promoted a Jungian approach to dreams and the creative process. To provide a balance in their lives they made frequent visits to country homes in Connecticut and Maine to enjoy gardening or the sea.

Jay Sherry is an independent historian of psychoanalysis and German intellectual history. He has written for a variety of psychoanalytic publications, primarily about the life and work of Carl Jung.

NYU Postdoctoral Program
&
Psychophysiological Disorders Association

PRESENT

WHEN STRESS CAUSES PAIN

Innovative Treatments for Psychophysiological Disorders

Saturday, October 6, 2012
8:30 AM - 5:30 PM

The New York Academy Of Medicine
1216 5th Avenue, New York, NY (at 103rd St.)

Objectives

- To understand the link between psychosocial stress and pain and other physical symptoms
- Learn to assess clients with medically unexplained physical illness
- Learn to use psychotherapy to relieve somatic symptoms
- And more...

Keynote Speaker: Raja Selvam, PhD.

Faculty

- Lewis Aron, PhD, ABPP - Director of NYU Postdoc
- Frances Sommer Anderson, PhD, SEP - NYU Postdoc
- Sharone Bergner, PhD - NYU Postdoc
- David D. Clarke, MD - Oregon Health & Science University
- Mary-Joan Gerson, PhD, ABPP - NYU Postdoc
- Alan Gordon, LCSW - USC
- Spyros Orfanos, PhD, ABPP - NYU Postdoc Clinic Director
- Evelyn Rappaport, PsyD, SEP - NYU Postdoc
- Forest S., MA, MS - Boston U.
- Howard Schubiner, MD - Wayne State University
- Eric Sherman, PsyD - NYU Postdoc
- Peter Zafirides, MD - Ohio State University

Register at: www.ppdassociation.org

For more information email
Frances Sommer Anderson, Ph.D.
at: stress.causes.pain@gmail.com



ACADEMY OF CLINICAL AND APPLIED PSYCHOANALYSIS

ACAP is looking forward to an exciting new year with the full launch of the **Trauma and Resilience Studies** programs, the second offerings of the **One-Year Program in Modern Psychoanalysis**, and the **Clinical Supervision Course** for social workers, counselors, and art therapists. We will continue our **“Not Only Friday Nights Lecture Series,”** addressing topics important to all mental health, educational, and emergency response professionals. Some of the upcoming presentations will be:

“Am I OK? Effective Approaches to Recognizing and Minimizing Vicarious Trauma”

“Overwhelming Experiences in Everyday Life: Transforming Trauma into Resilience”

“Blending Trauma and Resilience: Caring for Aging Families”

“Healing with Humor: the Mind Tickling the Body to Resilience”

“Working with Grief and Loss: Countertransference Dilemmas”

“Overwhelming Experiences in Everyday Life: Transforming Trauma into Resilience”

There are many more topics to be covered through the course of the semester. Please check our website www.acapnj.org for the full schedule, descriptions, and dates.

Another new option for learning and personal growth is a series of **mini-courses** meeting three times each. The fall 2012 courses will address the dynamics of bullying: how to redirect the bully and empower the victim, and a program on countertransference dilemmas.

For more information: www.acapnj.org and www.trauma-studies.com



BLANTON-PEALE INSTITUTE

The Blanton-Peale Graduate Institute, founded in 1937, has a unique approach to training which integrates psychoanalytic perspectives with spiritual dimensions. Beginning in September 2012, Blanton-Peale will offer a one-year certificate program in psychotherapy with a special focus on bringing spirituality into an analytic practice. It is designed as an introduction as well as an adult education and personal enrichment course of study.

The Certificate in Psychotherapy with Spiritual Dimensions is specifically designed to give licensed mental-health workers and other professionals a competency for working with patients using both the deep understanding of psychoanalysis along with spirituality and faith. This program will enable practitioners to discern the difference between psychological issues and spiritual concerns and understand how these elements interact in the varied and complex manifestations of daily existence. The certificate program consists of two learning tracks. The first track is composed of varied readings to expose students to the theories of renowned authors of the fields of psychotherapy, psychoanalysis, and religion. The second track is an integrative seminar that allows students to see how the psychological and the spiritual work come together in practice through analyzed verbatim readings presented in group settings. The one year program is divided into two 16-week semesters, September-December and January-April. Courses are offered between 9 AM-5 PM, Tuesdays and Wednesdays. The Certificate in Psychotherapy with Spiritual Dimensions program begins in September 2012. Class size is limited so we are accepting persons in application order. For more information or to register for the program, please contact Nunzio Gubitosa, Director of Training, Blanton-Peale Graduate Institute, 212-725-7850, ext. 120 or ngubitosa@blantonpeale.org.



CENTER FOR HUMAN DEVELOPMENT

We are delighted to announce that the Center for Human Development (CHD) has been reaccredited by ABAP for another seven years. We had our site visit the week of April 16th and the report was reviewed by the COA at the last ABAP board meeting. CHD was approved and awarded the certificate. The site team was thorough and professional and the faculty, board and students enjoyed the experience!

We are also pleased to have Benedict Kim, PhD, LP, as a member of our faculty and board. Dr. Kim has also accepted the position of Dean of Clinical Training at CHD. We are happy that he will be coordinating this important part of our training program.

Our June workshops were very successful and our Fall courses are posted on our website. In addition to the required courses, we are offering two interesting electives: Dr. Benedict Kim will be teaching “Treating Borderline Personality Disorder” and Dr. Richard Friedman will be teaching “Continuing Case Seminars.” All courses required in our core curriculum and these two electives are open to anyone who is interested.

In addition, we have several students who are now writing their final research papers which is the last step before graduation. We are looking forward to celebrating our first graduates!

You can view our class offerings on our website: www.TheCenterforHumanDevelopment.org. The registration form for classes is also included on the site as well as our current bulletin, which details the entire training program.

CHD's psychoanalytic program is licensure qualifying. Once students graduate and are certified by CHD, they can apply directly to New York State to sit for the licensing exam in psychoanalysis.

Integrating Hypnosis with Psychotherapy: The Legacy of Buddhism and Neuroscience, by **Daniel Araoz, EdD**, was published in April by McFarland publishers.

Psychotherapy is a scientifically proven form of treatment, and neuroscience has justified hypnosis as a convenient method to train our minds to change our brains. However, hypnosis remains widely misunderstood. This volume clears up many misconceptions surrounding the practice by exploring it as a part of psychodynamic psychotherapy. Presenting new evidence from neuroscience and the ancient wisdom of Buddhism and detailing many short case studies, this work reveals the essence of hypnosis and demonstrates the benefits of this often misunderstood mind activity.

Christian Churchill, PhD, is co-author of the recent *The Enigmatic Academy: Class, Bureaucracy, and Religion in American Education*, published in June 2012 by Temple University Press. This provocative look at the purpose and practice of education in America uses three case studies—a liberal arts college, a boarding school, and a Job Corps center—to illustrate how class, bureaucratic, and secular-religious dimensions of education prepare youth for participation in American foreign and domestic policy at all levels.

Exploring how youth and their educators encounter the complexities of ideology and bureaucracy in school, *The Enigmatic Academy* deepens our understanding of the flawed redemptive relationship between education and society in the United States.

Frederick Feirstein, MA's ninth book of poems is in production. It will be the first book in the "Grolier Series of Established Poets."

"Dark Energy is a spellbinding event, a major new book from one of our living masters of formal (that is, musical) poetry. The immense sequence "Gravity of the Black Hole" weaves fairy tale, classic myth, and modern psychology into a seamless tapestry, abounding in ironies and keen insights into the lives we lead. Moreover, a generous rasher of strong new Feirstein poems completes one of the standout collections of this or any year." X. J. Kennedy

Ruth Lijtmaer, PhD, presented the paper "How Steven Mitchell's legacy influenced my work as an immigrant analyst," on the panel *Relational Perspectives on Immigrant Subjectivity*, at the 2012 meeting of the International Association for Relational Psychoanalysis and Psychotherapy, March 1-4, in NYC. In addition, she presented the paper "Dancing with politics in the consulting room," on the panel *New Frontiers in Psychodynamic Psychiatry*, at the American Academy of Psychoanalysis and Dynamic Psychiatry, March 4-5, in Philadelphia, PA.

Merle Molofsky, MFA, had an article titled "Anxiety of Influence or Influence Easing Anxiety?" in "Creative Lives -- Part II: Psychobiographical Approaches," a special issue (Volume 18, Number 4, March 2012) of the psychohistory journal *Clio's Psyche*. Additionally, her one-act play, "Grail Green," was published in *Other/Wise*, Volume 6, Fall 2011, the online journal of the International Forum for Psychoanalytic Education.

Forbidden Psychoanalysis: Collected Papers of a Psychoanalytic Centrist, by **Gerald Schoenewolfe, PhD**, is available at Amazon. Since Freud's death, liberal politics, rather than reasoned debate, has turned psychoanalysis into a leftist ideology. This book leads the way back to a more centrist view. The volume includes studies of the death trauma, gender narcissism, female psychology, psychological aspects of cancer; race and gender in psychotherapy, and the trend to make schizophrenia and other mental disturbances genetic.

Personal Web Page for Analysts

NAAP's Analyst Finder, which you can access on our website, contains a database of over 1,200 analysts, searchable by last name, area code, city, or country, which many of you have already taken advantage of. Our analysts can also be found by modality and orientation. It's now easier to use and works faster. In addition, for only \$100, NAAP can provide you with your own custom web page.

Personal pages are accessible via the Members Index page, from a link below our Analyst Finder. In this way, people searching for an analyst will have a better chance of knowing who you are, since this page will list you by region.

Having a personal page via NAAP means no domain registering, no monthly hosting fees, and no additional charges! Anyone accessing your page will have all your credentials, work history, and specialized training available to them instantly and can e-mail you directly from the page.

If you are interested in a personal page, simply supply us with the information requested at www.naap.org/personalpages/downloads/WebApplication.doc. Additionally, if you have a detailed biography with all the information that we need, just e-mail it to us and we will include it on your page. For more information, contact us at naap@naap.org.

TRAUMA AND RESILIENCE: HEALING THE INNER ANIMAL

ACAP of Livingston, NJ is hosting a conference Sunday, July 29 through Tuesday, July 31, 2012 at Caldwell College, Caldwell, NJ. The conference is co-hosted by NAAP.

TRAUMA AND RESILIENCE: HEALING THE INNER ANIMAL – Techniques for Working with Victims and the Vulnerable

Mary Jo Codey, former First Lady of New Jersey, will present "Journeys to Resilience", the keynote speech at a Sunday evening dinner, following an afternoon of workshop offerings including such topics as, "Healing with Humor", "Contemporary War Trauma: Veteran Reintegration as a Family Affair", and "EMDR: Basic Concepts and Techniques". **Patricia Harte Bratt, PhD**, will deliver the keynote address, "Healing the Inner Animal: From Trauma to Resilience," on Tuesday morning.

Anyone working or living with victims and the vulnerable can benefit from attending this event. Educators, clinicians, clergy, first responders, students, agency staff, lawyers, nurses, law enforcement and all mental health professionals are welcome. The generosity of several foundations and individuals makes it possible for ACAP to offer substantial discounts in conference fees for those working with our communities most fragile. Members of SMP and NAAP receive a 40% discount. Many professional organizations approve ACAP as a Continuing Education provider, including APA, NASW, NBCC, NJEA, and more. To inquire about discount eligibility or CE's email: events@acapnj.org or call 973-251-9312.

More than 25 workshop choices over this 3-day conference are designed to help you take away new tools for successfully dealing with the challenges of working or living with people coping with overwhelming experiences. Films, discussions, special guests, and good food round out the event. Participants in the ACAP conference will experience a resilience-building opportunity to explore ideas about trauma, recognize feelings common among all working with trauma situations, and begin building a new support network.

Mary Jo Codey, MA, LDTC, former First Lady of New Jersey, is a gifted teacher, and an advocate for those whose lives have been impacted by overwhelming emotional experiences. She pioneers mental health services in New Jersey and nationally, especially those related to transforming trauma to resilience for women facing post-partum depression (PPD). She is on the Governor's Task Force for Mental Health, and lectures widely about her personal journey to resilience as a survivor of PPD and breast cancer. In

CONGRATULATIONS NEW JERSEY!

As of July 2, 2012 the Rules and Regulations for New Jersey State Certified Psychoanalysts have been approved, signed by Governor Christie, and published in the NJ Register. New Jersey now officially recognizes Psychoanalysis as an independent profession, and has protected the right of consumers' choice of mental health professionals. Please refer to the State Psychoanalysts Advisory Committee's website--www.njconsumeraffairs.gov/psyan/--in the coming weeks for information on applying for State Certification.

2005, she helped launch New Jersey's statewide "Speak Up When You're Down," a consumer education campaign to support mothers suffering from PPD. She was instrumental in the passage of the "Mother's Law" (2006), which is the first law in the nation to require health care professionals to screen mothers for postpartum depression. Mrs. Codey campaigned in Washington for passage of the Melanie Blocker-Stokes "Mothers Act", which was signed into law by President Obama as part of health insurance reform.

Whether in everyday life or during catastrophic events, when it comes to overwhelming experiences, our basic, animal instincts often take charge. Our brains react in specific, automatic ways to threats; our survival instinct can outweigh all other concerns, and our neurobiological system speed-pumps chemicals necessary for initiating adaptive responses. All this goes on when we are faced with situations that could endanger life, as we know it.

Join ACAP this summer for all or part of this exciting event that can help make a difference in how you work, live, and find ways to adapt to 21st-century stressors.

For information and registration: www.trauma-studies.com or www.acapnj.org. Email: events@acapnj.org or call: 73-251-9312

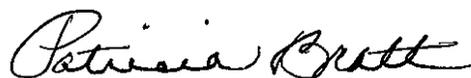
Full brochure and online registration at www.trauma-studies.com

GENEROSITY AND GREED: continued...

the highest praise for it; but he talked about the Scholastic Building with the enthusiasm of a young architect celebrating his first big commission. After years of design and review, there is finally an Aldo Rossi building on Broadway. Sadly, the honor will come posthumously for Aldo, but his building will be an honor to New York for as long as it stands."

NAAP conference attendees will have an opportunity to enjoy the state-of-the-art auditorium, and lovely open spaces filled with the award-winning art of children from all over the country. The Gradiva® Awards lunch and the closing reception will be held in the Greenhouse Room, with its spectacular, sweeping views of NYC. But the views are not the only attraction; NAAP's Conference Committee was treated to a specially prepared tasting of possible lunch dishes. Phenomenally delicious! The Gradiva® Awards Lunch will truly be an event within an event.

Do join us for this special event. The topic of **Generosity and Greed** has sparked such lively conversation among the NAAP committee and board members. It's been fascinating to see how, when one begins to examine it, one is suddenly aware of how integral this attribute is to every aspect of life. Join us on October 27th for "**Generosity and Greed: Shaping Self and Society.**"



Patricia Harte Bratt, PhD, LP, NCPsyA
Conference Chair



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THE INSTITUTE OF THE POSTGRADUATE PSYCHOANALYTIC SOCIETY

The Institute of the Postgraduate Psychoanalytic Society, is pleased to welcome **Jeffrey Kleinberg, PhD, FAGPA, ABPP**, as Dean of Training of the Institute, and Executive Director of the Individual Training Program.

Jeffrey Kleinberg is a psychologist and graduate of the Postgraduate Center for Mental Health Programs in Psychoanalysis, Supervision and Group Psychotherapy. He was Assistant Dean, Training Analyst, and Senior Supervisor within its Psychoanalytic Institute. He recently held the position of President of the American Group Psychotherapy Association, is the former Editor of the Journal *GROUP*, and the Editor of the recently published *Wiley-Blackwell Handbook of Group Psychotherapy*.

PSYCHOANALYTIC COMMUNITY CALENDAR

JULY

29-31: Trauma and Resilience: Healing the Inner Animal (conference); ACAP; acapnj.org

SEPTEMBER

9: Pathways to Building & Expanding Private Practice (open house); NJI; njinstitute.com
12: The Analyst's Subjectivity (scientific meeting); IEA; ieanyc.org
14: C.G. Jung's Red Book: Art, Mandalas and Active Imagination (presentation); Philadelphia Jungian Professional Club (PJPC); thejungclub.com
18: Open House; CMPS; cmps.edu

OCTOBER

6: When Stress Causes Pain (conference); NYU Postdoc Program & Psychophysiologic Disorders Association; ppdassociation.org
16: Open House; CMPS
19: The Myth of Prometheus: A Parable for our Time (presentation); PJPC
21: The Efficacy of Psychodynamic Psychotherapy (conference); Contemporary Freudian Society; connieS3@aol.com
27: Generosity and Greed: Shaping Self and Society (conference); NAAP

NOVEMBER

11: Boys Will be Boys, and Not (conference); NJI

NEW MEMBERS

NAAP would like to welcome our newest Psychoanalyst members: **Lisa Marchiano**, Inter Regional Society of Jungian Analysts; **Nora Swan-Foster**, Inter-Regional Society of Jungian Analysts; **Kaitryn Wertz**, Inter-Regional Society of Jungian Analysts; and **Jennifer Wade**, Center for Modern Psychoanalytic Studies.

IN MEMORIAM

We regret to inform our members of the passing of **Cynthia Kaplan, MSW**, a 2003 CMPS graduate, who died peacefully on April 2 after a long battle with kidney disease, and also of **Armin Wanner, STL**, who passed away on October 3, 2011.