Why We Do the Things We Do… is a conundrum that we, psychoanalysts ponder all the time; about ourselves, our patients, and others. And while the question is an old one (even trite), the possibilities of new answers and fresh perspectives are never ending — indeed, they are as ongoing as the question itself is revolving.

Approaching the writing of this final column of my second presidency of NAAP, I found myself asking this question frequently enough to begin to realize that my responses were crafting my narrative for saying good bye, once Again.

In spite of the many plausible narratives that I devised, I was always, and ultimately, left with my response of ‘I don’t even know…’ In between these punctuations of ‘I don’t know,’ lie many answers. These answers reaffirm, and continue to articulate my commitment to, and my rationale for, the great expenditure of time, energy, focus, and attention that this period — a decade now — of my involvement with NAAP itself, has seen in my life. My son, Max, was three when I joined the Board of Trustees in 1999. My daughter, Lucy, was born five months before my first presidency began in 2004. Max will start High School next fall (2010) and Lucy began Kindergarten this past fall. And my second NAAP presidency is ending this spring.

Of the many reasons and rationales that surfaced and submerged in my pondering why we do the things we do, two themes emerged that crystallize two passions of my own: freedom and politics. And both of these passions are joined in the work of NAAP, which has been so compelling and vitalizing in its mission in behalf of our profession, Politics and freedom: What do I mean?

Webster’s definition enhances our comprehension of this word in describing ‘politic’ as the ability to be artful, ingenious, shrewd… wise, prudent, and judicious… crafty, unscrupulous, and cunning… [even] suave. Politics and Freedom are cornerstones of the profession of psychoanalysis; and neither are territories for the faint of heart.

The very mission of NAAP was born of a political struggle for the survival of psychoanalysis as an independent profession. As such, NAAP exists almost uniquely as a beacon; signaling the boundaries of a homeland that speaks to and calls out for, and resonates within, those of us who discern our calling within it as a home-front for human freedom – of the heart and mind.

So when I ask myself, ‘what have I been doing, and why do I do what I do…’ I find my own answer in the depths of my heart’s pursuing… the delicious and satisfying pursuit of the politics of this profession that seeks to guard the freedom of our hearts and minds, for our time and forever.

My deepest thanks go to all of you who have supported (some would say suffered) the intensities of me and my passions. I hope to have offered some useful service to this Freedom that we all cherish. And I pray forward that NAAP may always carry the torch of politic for psychoanalysis and for the freedom that we need for psyche in this world. May we continue to attract this passion in our leaders. I carry the spirit of NAAP, and all of you, in my heart… Thank You.

Jennifer R. Harper

ERRATUM

In the winter edition of NAAP News, we did not identify the two people featured with Regula Muggli on the cover. They were Micah Levenson and Rebecca Mellen. We apologize for this oversight.
We all take different paths to psychoanalysis. The Mental Health Association (MHA) set in motion my career path and psychoanalytic studies. At 16 I was president of a service club at Ft. Lauderdale High School in Florida. Our service: The MHA. I asked the MHA president, exactly what is mental health? She said, I will do better than tell you — I will take you to South Florida State Hospital (SFSH), a state mental hospital. There I saw people as if from another planet! I asked myself two questions: How did they get this way? How could they be “cured”?

In 1956 occupational therapy (OT) had the most interesting in-depth work with the “mental hospital” population, so I decided to begin there. I received a BSOT from the University of Florida (1958-62). My internships were at the Neuropsychiatric Institute, University of Illinois, Chicago; Massachusetts Mental Health Center; Boston; Milwaukee Children’s Hospital; and the Delaware Curative Workshop in Wilmington.

After completing my internships in the fall of 1963, I returned to Florida to work at SFSH. The OT department director was part of a self-identified interdisciplinary secret group referred to as “the underground.” Their goal: to change the state hospital (which met all standards of accreditation but rarely discharged anyone) from a hospital of custodial care to a hospital of dynamic treatment, one which would facilitate the patient’s return to the community rather than a continual existence within SFSH. Among other tasks, I innovated two wards, creating in each a therapeutic community including individual OT, group and activity group therapy; patient government, and the training of each ward’s staff, including the unit chief, an M.D. The result: more people discharged than ever before in the history of the hospital. I could reduce some severe symptoms, but my two burning questions were still unanswered.

Eventually I moved to NYC seeking answers. My first job there was as an occupational therapist in the psychiatric in-patient unit of the Neurological Institute, at Columbia-Presbyterian Hospital for one year.

I received a full scholarship for an MA in psychiatric OT. While my MA degree was from New York University, the academics were in a combined program between NYU and Columbia University, with a 12-month internship at the Psychiatric Institute in New York. My MA paper was “The Contrast and Fate of Two Innovations;” a socio-organizational study.

After graduation in 1967, I was hired as the OT supervisor at PHP, Partial Hospitalization Program, New York Medical College, NYC, where I worked for 10 years. PHP, under the brilliant direction of Clifford J. Sager, M.D., received an NIMH grant to create a PHP “that worked.” The training at this amazing and unique program included many forms of therapy: individual, group, activity group, family, gestalt, and video therapy, plus psychodrama, and a 10-year staff training group. I took part in all the above training. For several years I was also director of PHP’s evening program.

From my readings and experiences in Florida, Chicago, Massachusetts, and New York, I realized the profession that understood the human condition most profoundly was psychoanalysis. However, Freud denied the hope of psychoanalysis as a therapeutic method — to all who were not neurotics. I sought a psychoanalytic institute which also provided psychoanalytic training to treat people with severe disorders. From my prior clinical work, I arrived at five criteria I thought essential to a psychoanalytic training program that was teaching the treatment of schizophrenia and other preoedipal conditions.

In 1994 I graduated from the Center for Modern Psychoanalytic Studies (CMPS), which had met my five training criteria. My Final Project (i.e., dissertation) was “The Unfolding of the Narcissistic Transference: a Case Study,” an 18-year longitudinal study.

After leaving PHP, while in psychoanalytic training, I became the Team Leader (clinical and administrative director of 50 staff, 800-900 patients), of the Coney Island-Sheepshead Bay Out-patient Department at South Beach Psychiatric Center (SBPC) in Brooklyn for 5 years. I left there in 1981 for private practice.

My faculty appointments have included Adjunct Professor; New York Medical College (1968-73), where I supervised medical residents, MSW students, and psychology interns; and Adjunct Assistant Professor at NYU’s OT Department (1968-73), where I taught activity group therapy, group process, group dynamics, and an overview of group therapy.

Prior to starting psychoanalytic training I attended a public meeting of the Joint Council for Mental Health. Later, I became the Joint Council’s secretary. I have served on NAAP’s Board of Trustees for about 10 years and on the Executive Committee for about 6 years.

It has been my observation from working in all aspects of the mental health field (in-patient: acute, intermediate, and long term; out-patient: partial hospitalization and clinic settings; and private practice) that psychoanalysis is indeed a separate profession. One application of psychoanalysis, as a therapeutic method, provides an unparalleled understanding of the human being for candidates training as psychoanalysts in psychoanalytic institutes. But how can one mental health profession, namely psychoanalysis, be considered a subspecialty, as some claim, of three other separate and different mental health professions? To do so contains, constrains,
and distorts the vision and views of Freud. It limits the breadth and possibilities of psychoanalysis.

Freud saw psychoanalysis as multidimensional. He saw it as a profession, a theory of mind, a theoretical system, a science, and a separate branch of knowledge. He saw it as a therapeutic method and as having other applications, e.g., applied psychoanalysis in literature, aesthetics, history, history of religion, education, etc. Freud’s interest in culture is legendary. The application of psychoanalytic ideas in public relations and promotion used by Freud’s nephew, Edward L. Bernays, to manipulate public opinion caused Freud distress. Freud disliked American materialism; rather, he had a high regard for ‘L’essentiel est invisible pour les yeux,’ (“What is essential is invisible to the eye.”) “L’essentiel” for Freud was the mind, the unconscious, the soul, the meaning-making soul.

“There can no longer be any doubt that it (psychoanalysis) will continue; it has proved its capacity to survive and to develop both as a branch of knowledge and as a therapeutic method…..the whole impression is a satisfactory one – of serious scientific work carried on at a high level.”

Psychoanalysis continues to develop in the tradition of observation, exploration, understanding, theory development, and application.

“The individual perishes from his internal conflicts, the species perishes in its struggle with the external world to which it is no longer adapted.”

Psychoanalysis in all its aspects needs to be a constructive and meaningful part of the wider culture to help people adapt and evolve, to become more fully human and mature.

1 Saint-Exupery, Antoine de, (1943), The Little Prince, France: Gallimard.

PHYLLIS LANDRES, 1942-2010

The Board of Trustees of the National Association for the Advancement of Psychoanalysis wishes to acknowledge the passing on Thursday, March 11 of Phyllis Landres, our Board member, Executive Committee member; Treasurer, Legislative Liaison, Fundraiser, colleague, and friend. Her presence will be greatly missed. We wish to extend our deepest condolences to her family.

ADVERTISING RATES AND DEADLINES

Winter: November 15
Spring: February 15
Summer: May 15
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Full page (7 1/2 x 10) $435
One-Half page (7 1/2 x 5) $295
One Quarter page (3 3/4 x 5) $170

Don't forget! NAAP Newsletter Summer deadline is May 15.

NAAP’S ANALYST-IN-TRAINING COMMITTEE

by Neil Friedman

NAAP established the AIT Committee as a forum where Analysts-in-Training from a broad spectrum of NAAP member institutes can discuss their thoughts, feelings, and desires about the past and present. In addition, the Committee considers the direction psychoanalysis might take in the future as it continues to develop to meet the needs of the larger culture it serves, as well as those of us who have embarked upon this journey to become psychoanalysts. The members of this committee are committed to working with NAAP in its efforts to develop psychoanalysis as an “independent profession.”

Some of the topics of discussion we have had in the past include:

- “Be careful what we wish for” - Licensing and the impact it is having on training institutes and trainees;
- “Diagnosis or Die” – What diagnosis could mean to the future of Psychoanalysis as an independent profession;
- “Who we are and how we came to be” – An historical perspective of NAAP presented by Pamela Armstrong-Manchester;
- Where and how does the AIT Committee have a part in NAAP’s annual conference.

As we continue to grow and develop as an integral component of NAAP, we look forward to being joined by student representatives from each training institute.

Meetings take place on Saturdays at 12 PM. If you would like to attend, please contact Neil Friedman, Chair AIT Committee, at (917) 699-4738 or neil.friedman3@verizon.net.
Flying to St. Petersburg, Russia each year to teach, lecture, supervise, and do therapy at the Eastern European Institute of Psychoanalysis (EEIP) is a complicated and sometimes challenging process. The first thing to think about is making sure your travel visa into Russia is in order. To neglect this is to invite a lot of trouble. Sometimes, we have to learn the hard way. Out of New York, Finn Air is probably the best way to go. It is the least expensive, quickest, and perhaps one of the most reliable ways to go.

I can state quite firmly that the EEIP and psychoanalysis are thriving in Russia. The Institute is located in a former palace in St. Petersburg with its own library and cafeteria, many classrooms and lecture halls, and it has more than 450 enrolled students in a variety of programs. EEIP offers a vibrant example of enthusiastic students and faculty. After Perestroika in 1988, Russians found that a fundamental area of psychotherapy that had been previously closed off to them was now wide open. I encountered students who were excited and determined to master this form of therapy. When I first visited the country in 1991 I learned that many visiting American analysts, members of the International Psychoanalytic Association, were visiting St. Petersburg and lecturing at the EEIP.

However, Dr. Mikhail Reshetnikov, rector of the EEIP, was very frustrated at not being able to find among the IPA analysts trained supervisors to help his students. When I arrived in 91 on a social visit with my wife to see her family, and was, by sheer coincidence, invited to give a lecture there, it seemed that Dr. Reshetnikov’s solution had appeared. He quickly began a campaign urging me to move to Russia and teach. My long membership at NPAP and my years of training qualified me for this work. And so, for about four years, I visited Russia several times each year; was made a full visiting Professor; and in 1996 moved to St. Petersburg with my family, where we remained for one year. During this time I taught, analyzed, and supervised people, mostly psychiatrists and some psychologists. It was a stimulating, unforgettable period.

Here is one of my many experiences: I noticed in one of my classes a quiet student who sat in the back of the class and never spoke. During a class break, I saw this man standing in the hall and began to speak with him. I found that he spoke excellent English, was widely-read, and was very knowledgeable about psychoanalysis. I asked him why he never spoke in class and he explained that he felt very shy. Soon afterwards, I learned that my wife could not speak Russian either, so I was able to sit with me and translate the two languages back and forth. It has been a pleasure for me over the years to work with them and to see the flowering of psychoanalysis in Russia, and especially to see those who were once my students now training analysts themselves.

Since returning to the States I have continued my flights to St. Petersburg three times each year to work with students and graduates. Also, as a faculty member of the Center for Group Studies (CGS) in New York, I have organized a series of workshops to teach the Center’s special approach to group therapy. Whenever I and other visiting faculty members have presented these workshops in Russia, we have enjoyed large attendances.

The Eastern European Institute of Psychoanalysis is a founding member of the Russian Federation of Psychoanalysis, which has member institutes from many parts of Russia, and is also a member of the European Confederation of Psychoanalytic Psychotherapies.

Both classic and modern psychoanalytic techniques are taught at EEIP and students come from across the nation to study there. As a result, I have become acquainted with people from all over the former Soviet Union. The students, most of whom are psychiatrists with a large mixture of psychologists, tend to be bright and dedicated people interested in acquiring analytic skills. It has been a pleasure for me over the years to work with them and to see the flowering of psychoanalysis in Russia, and especially to see those who were once my students now training analysts themselves.

Harold Stern is a member of NPAP; was a founding member of CMPS with Phyllis Meadow; a founding member of NAAP; and was founder and director of the Philadelphia School of Psychoanalysis for almost 20 years. He is a full Professor of Psychoanalysis at the East European Institute of Psychoanalysis in Russia and has received a number of awards for his teaching and training there.

Celebrating a Life
Phyllis Landres

An Evening for her
Friends and Colleagues

Thursday, May 6, 2010, 6:30-8:30 PM
at Ilene Lander’s “The Party Loft”
73 Fifth Avenue, corner of 15th Street
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Seating is limited. RSVP as soon as possible to
Margery Quackenbush at
mq@naap.org or 212-741-0515

NAAP, 80 Eighth Avenue, Suite 1501,
New York, NY 10011
Among many rich tidbits at the International Psychoanalytic Association’s thirteenth annual Symposium was this from Arlene Kramer Richards: “Each client is her own Scheherazade, telling the stories that keep her alive.”

For two days at Mount Sinai Medical Center in New York City, we told each other the stories that keep us, and our profession of psychoanalysis, alive. From Jonathan House we heard excitement about Jean Laplanche’s contributions to our understanding of psychosexuality; from Martin Bergmann his exploration of the fate of desire in long-term relationships; from Helen Fisher a report on her research on the neurophysiology of desire. We were entranced by the story-tellers extraordinaire of our profession, the writers of the Israeli television series Be ‘TiPul (In Treatment). Nir Bergman (who also co-created and directed the series) and Yael Hedaya, along with their consultant, Roni Baht, spoke of the ways their own stories of analysis entered the screen dialogue, bringing, perhaps, new meaning to the term “screen memory.”

Ken Corbett told a story with pictures, beginning with the painting that framed the symposium (Pierre-Auguste Cot’s The Storm) and continuing through Masaccio’s Expulsion from the Garden of Eden to Kara Walker’s silhouette of a rebel soldier with a slave woman, illustrating an answer to the question “Are We Polymorphously Perverse?” Richard Friedman challenged us, as part of the same panel, to look at our profession’s perverse (perhaps) attachment to theory at the expense of psychiatric research.

Contributors too numerous to name here enriched the story. Lively questions included this final one: While we told together a story of the analysand’s desires, where was the story of our own desire? We were left with much on which to ruminate — food to carry us through to Symposium 2011.

Lucinda Antrim is on the faculty of the Blanton-Peale Institute and of the Blanton-Peale Pastoral Care and Counseling Program. She serves on the NAAP board and is in private practice in New York and Dobbs Ferry.

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Earlier this winter, the New Jersey Institute for Training in Psychoanalysis presented its 31st Annual Conference, co-sponsored by the NJ Society for Clinical Social Work, in Teaneck, NJ.

A Long Road to an Awakening: Therapeutic Transformation through Surrender of the Therapist’s Despair was an exciting exploration into transference and countertransference from a Relational Perspective. Through review of theory and case material the conference, presenters examined the dynamic dialectic of hope and despair in forming the intimate analytic attachment through the psychoanalytic relational perspective.

Keynote presenter Etty Cohen, Ph.D., is a Training and Supervising Analyst at the American Institute for Psychoanalysis of The Karen Horney Psychoanalytic Center; and a faculty member of the William Alanson White Institute. She is an associate editor of American Journal of Psychoanalysis and author of Playing Hard at Life.

From her experience as an Israeli Mental Health Officer; and with traumatic events from her own life, Dr. Cohen spoke about her approach of viewing the patient as an equal partner in their complex struggle within the treatment relationship. Dr. Cohen discussed the case of a 28-year-old Hispanic woman she called Dana, a survivor of sexual trauma, who had been working as a “call girl.” She had repressed much of the horror to which she had been exposed and was very resistant to the therapy. Dr. Cohen skilfully worked with Dana at a pace the patient could tolerate. Dr. Cohen examined her own conflicts in working outside of the parameters of a more traditional analytic framework, such as allowing for inconsistency in attending sessions and extending session time, as well as phone conversations between meetings.

Two years into therapy an impasse was reached, and Dana wanted to have breast reduction surgery. This surgery had an important underlying meaning in Dana’s pathology that would be revealed in the working through of this experience. During her recovery, Dr. Cohen had phone sessions with her patient four times a week. Throughout this time, Dana had extremely evocative dreams and she was able to remember and share more of her traumatic past. While she did not remember specific details, one dream helped her to remember sexual abuse by her father, as well as other repressed emotional injuries.

Unconsciously, Dana was looking for mutual dissociation, much like how a prostitute would function with a client. Dr. Cohen realized that both she and Dana were resistant to surrendering to the despair that needed to be experienced in order to be transformative. Her patient’s extreme loneliness resonated with her own feelings when she first came to the United States, and she spoke of the importance for the analyst to surrender; yet still contain, his/her own despair. Dr. Cohen used the concept of co-construction to act as an anchor in helping with self-regulation and sustaining hope. While treatment of a patient may be imperfect, it is still possible to be a helpful therapeutic experience.

The second discussant, Irwin Hirsch, Ph.D., is a Distinguished Visiting Faculty member at the William Alanson White Institute and faculty member, supervisor; and former director of the Manhattan Institute for Psychoanalysis. He is currently an adjunct clinical professor of psychology and a supervisor at the NYU postdoctoral program. Dr. Hirsch is on the editorial board of several psychoanalytical journals and is the author of a number of books.

Dr. Hirsch referenced Ferenczi in emphasizing that the use of countertransference can be key in creating therapeutic progress. The quality of the relationship, not the insight, is what is most effective in the therapeutic encounter. Further, “meaning making” is tremendously helpful, not only for victims of trauma, but for all patients. Dr. Hirsch spoke of the difficulties in knowing when to interpret and when to leave alone the patient’s material, and that the “rules of engagement are not absolute.” He acknowledged that “We can never know how a patient would have reacted if we handled a situation differently,” as we cannot be totally clear as to what is wished for and what is needed. Dr. Hirsch mentioned being cautious about creating a symmetrical relationship within the analytic dyad. What is preferable is to be “mutually effectively engaged,” without equal verbal contribution.

Dr. Hirsch acknowledged Dr. Cohen’s admirable work with Dana, agreeing that it is important to work with each patient on a case by case basis. It was Dr. Cohen’s willingness to have the patient direct her; in some ways, that helped Dana to open up. Using a relational approach, the loneliness that Dr. Cohen felt in working with Dana, informed her as to how to proceed in the therapy. He emphasized that the transference is never the pure culture of the patient.

Dr. Hirsch discussed Gary, who was a patient of his for five years. Gary came to treatment having lost a lot of weight and sleeping poorly. His wife had adopted a baby with Down’s syndrome, later had a baby who had a life-threatening illness, and then had a miscarriage after a six-month pregnancy. He was in deep despair and expected Dr. Hirsch to somehow magically cure him. Dr. Hirsch was able to join with him in his despair in order to help contain it. He referenced Kierkegaard, saying that despair is a sickness of the self. There is a fear that the self might be lost, as the false self is killing the real self. The real fear is that of nothingness, yet still, there must be an emersion in that despair. Citing Horney and White, Dr. Hirsch says that growth comes from despair and hope. As analysts, Dr. Hirsch reminds us that we must all be aware of how our own personalities and emotional states play out in our work. We must not only embrace but surrender to who we are.
Leah Slivko, CSW, Psy.A, is a graduate, faculty member, and control analyst at NJITP. A member of the Israeli and International Psychoanalytic Association, and the Massachusetts Institute for Psychoanalysis, Ms. Slivko is also on the faculties at St. Elizabeth’s Hospital, an affiliate of Tufts University and EGPS, and is an adjunct professor at NYU and Boston College schools of social work.

As third presenter, Ms. Slivko offered a provocative and poetic case presentation reflecting on a four-year treatment of a patient she referred to as “Dr. Brown.” The case material focused on the patient’s struggle to find meaning in his life, feeling unloved and unlovable, and with a deep existential depression that plagued him throughout his adulthood. A highly intelligent academic, Dr. Brown felt stupid, unworthy, and unappreciated, having given up both women and music. He had been in a long-term marriage and came into treatment saying, “Help me leave my wife.” Feeling stuck between what he wanted and what was expected of him, he left both his wife and his job.

The patient often made “demands” on the analyst, indicating he was not being listened to or understood. Ms. Slivko candidly spoke of her difficulty and frustration with such a patient over time, even though she felt some empathy for his struggle. The treatment was punctuated by the patient’s verbal attacks and demeaning attitude, as well as suicidal threats, and culminated dramatically with his bringing “a gun to session.”

Dr. Brown took a gun out from his pocket. He looked at Ms. Slivko with a smirk and said, “I could shoot you and I could shoot myself, right now.”

“Yes, you could,” she confirmed steadily.

“But, I won’t. You don’t have to worry, Leah. It’s not loaded. I promised you I never would kill myself or anyone, but I do feel like a murderer as I killed my marriage. It’s over.”

Dr. Brown put the gun on her desk and then sat down on the couch with his hands covering his face.

Although frightened, Ms. Slivko stood her ground, remaining centered, and acknowledging her feelings: “You scare me.”

While that situation was resolved, she realized that despite his protests she had to set limits on his access to her, such as addressing his phone calls between sessions. At that point he left therapy.

One year later Dr. Brown came back to therapy with Ms. Slivko. At this juncture, Ms. Slivko no longer felt compelled to give him answers, and he was satisfied just to have her listen to him. There was a movement from a place of experience to a place of understanding. Using her countertransference feelings of despair, Ms. Slivko was able to create an emotional bridge enabling Dr. Brown to feel completely understood. Through Ms. Slivko’s emotional self-awareness she was able to move beyond the patient’s provocative, contemptuous, and despairing attitude, in turn enabling her to contain what he brought to sessions. Ms. Slivko reflected on the vicissitudes of working with a patient who often responded to her in a contemptuous and aggressive manner. In touch with her own fear and sense of helplessness, she was able to admit to the patient that she did not know how to respond to him, and through this admission she was able to resonate with the patient’s underlying sense of helplessness, thus facilitating a better understanding and alliance with the patient.

In response to Ms. Slivko’s presentation, Dr. Hirsch emphasized greater awareness of the analyst’s personal vulnerabilities and countertransference reactions, which can ultimately inform the analyst what is happening within the patient and the treatment process. Dr. Hirsch reflected, also, that patients often defend against their intense dependency needs, masking them through aggressiveness or acting out behavior.

The afternoon ended with a lively discussion of the case material, emphasizing Ferenczi’s notion of how treatment parameters sometimes need to be extended, which may include between-session phone calls and the use of the analyst’s countertransference reactions, such as feelings of hopelessness and fear. Ferenczi wrote about how the treatment can serve as a “corrective emotional experience,” providing, in a Winnicottian sense, a “holding environment.” Questions about oedipal conflicts and sexual issues arose, but the greater focus of the respective treatments was on the understanding of pre-verbal communications, emphasizing the practitioner’s need to acknowledge their countertransference feelings at critical junctures, and on how the patient will defend against forming a relationship, preferring “enactments” of the earlier pathological attachments.

Throughout this compelling and informative conference, the common thread was the important relational approach of both patients and analysts surrendering and regressing into despair together, in an effort to find the hope that will help in the healing process. While not totally disregarding the analytic frame, this therapeutic alliance brings together two human beings in an honest and intimate relationship. It is through this deep relationship that true growth is possible.

Marlene Colonno, LCSW, is a Candidate at the New Jersey Institute for Training in Psychoanalysis and is currently in private practice in Ridgewood and Montclair, NJ.
SAVE THE DATE!
Sunday, May 23, 2-4 pm
NPAP, 40 W13 St., NYC

Fifth Salon in the “Art and Psychoanalysis” Series

Michael Eigen, with Amanda George, Merle Molofsky, and Elizabeth Singer, will host the next NPAP salon, a dramatic reading of *Something Wrong: Grace*, first published in the feminist online journal *MOONDANCE*, and which appears in his recent book *Flames from the Unconscious*. Michael Eigen is the author of many books, and his work is known for its poetic, probing mood, opening many aspects of the human condition. The play, written as a dramatic monologue in the voice of a severely disturbed woman, Grace, will be performed by three NPAP psychoanalysts who have performance/theatrical backgrounds, to best capture Grace’s depth of emotion and mood and personality shifts. The “Three Graces” are Amanda George, singer/songwriter; Merle Molofsky, produced playwright/published poet; and Elizabeth Singer, professional actor.

HOST: MICHAEL EIGEN and THE THREE GRACES

Presentation begins 2:30 PM
Interactive audience discussion to follow
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Washington Square Institute
34th Annual Scientific Conference

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*Psychoanalytic Self-Understanding: A Socio-Cultural Construct* Evolving Through Time from the Standpoint of History, Philosophy & Religion

Presenters: Prof. Martin S. Bergmann, Rev. Dr. Amy Bentley Lamborn & Dr. George J. Makari

About the conference
*The Impact of Philosophy on Psychoanalysis*, by Martin Bergmann

*Theology after Jung: Revisiting a Psychological Approach to the Doctrine of the Trinity*, by Amy Bentley Lamborn

*Revolution in Mind: The Creation of Psychoanalysis*, by George J. Makari

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VERMONT  July 26-30:
Illustrating Picture Books for Young Readers

Bring art supplies and study picture book illustration with Robert Quackenbush at historic Landgrove Inn, Landgrove, Vermont. Cost of the workshop is $750 with a $100 non-refundable deposit. Attendees are responsible for their accommodations and meals. Limited to 36 people.

For more information, contact the author/artist by mail at P.O. Box 20651, NY, NY 10075, by phone at (212) 744-3822, by E-mail at Rqstudios@aol.com, or visit www.rquackenbush.com.

PSYCHOANALYTIC TRAINING IN KOREA
by Benedict Sungho Kim

Korea is at the dawn of psychoanalytic training. Currently, there are five IPA-approved psychoanalysts, eleven Jungian analysts, and three NAAP-certified psychoanalysts in the country. Most of the IPA-approved psychoanalysts are psychiatrists, and the same applies to the Jungians. Until recently, the general perception among Koreans was that mental health professionals meant psychiatrists. But due to the number of recent graduates from NAAP-member psychoanalytic training institutes, interest in training lay psychoanalysts in Korea has grown considerably.

In the winter of 2007-08, the first Korean psychoanalytic training institute, the Postgraduate Institute for Psychoanalysis (PIP), launched its mission. PIP is the first training institute that has ever existed in Korea, aimed at training lay psychoanalysts. To date, some sixty trainees are enrolled.

PIP is planning to pursue membership with NAAP and an associate membership with ABAP in the near future so that our graduates receive NAAP certification and PIP can be accredited by ABAP. Having memberships with NAAP and ABAP will provide PIP with much-needed credibility, as psychoanalytic practice has never been a profession acknowledged by Korean law. Since there is no regulation other than that concerning psychiatrists, psychoanalysis is effectively a pioneer confronting two necessities: first, to establish an authentic training program under the standards of one of the international psychoanalytic accrediting associations; and second, to break new ground by promoting psychoanalytic training so that psychoanalytic practice becomes legal under Korean law. This will ensure that NAAP-registered psychoanalysts who are graduates of US training institutes can practice.

At present, PIP has three NAAP-certified psychoanalysts and another three psychoanalysts are undergoing training via NAAP member training institutes. However, from the outset of PIP training, a legal challenge was mounted by certain non-certified or non-licensed psychoanalytic professionals, who did not approve of PIP’s aims. Some of these practitioners started their own psychoanalytic training institutes, without having undertaken any psychoanalytic training, and with only their academic degrees in hand. These institutes offer psychoanalysis-related certificates after a certain period of training in their own manner. Their graduates open private practices, but eventually are confronted with the hard reality that their training is insufficient for practice.

To date, Japan and Korea have followed the old methods of the IPA, thus ensuring that training for the lay analyst has been limited. In these countries not being a psychiatrist strictly limits the amount of training a lay person can obtain.

As the founder of the Postgraduate Institute of Psychoanalysis, I look forward to our promoting psychoanalytic training and services for a nation that was broken by war and that has remained divided.
On a warm springlike Saturday, March 6, more than 100 people turned out for an elegant gala at the Brasserie 8-1/2 Restaurant to celebrate the 20th anniversary of the Psychoanalytic Psychotherapy Study Center (PPSC).

Judy Levitz, founder, received a standing ovation and proudly opened the evening by welcoming the original co-founders of PPSC – Carole Katz, Alan Cauldwell, Lee Crespi, Pamela Rosenblum, and Marilyn LaMonica. Judy spoke humorously about the oxymoron of “analytic institute”, and reflected on the “firsts” that came with PPSC: the first multi-orientational curriculum teaching Modern Psychoanalysis alongside of Contemporary Freudian, Object Relations, and Self Psychology; the first Treatment Service to follow a private practice model; and the first institute to include sexual orientation in its nondiscrimination clause. PPSC’s new Executive Director, Karen Mruk, a PPSC graduate, also welcomed the group. She shared fond memories of her own training experience, and praised the new PPSC Annex continuing education program; the upcoming Addictions and the Brain conference, sponsored by PPSC’s Committee on Psychoanalysis and Addictions Treatment (COPAT); and PPSC’s annual Lifetime Achievement award conferences, balancing the evening’s celebration of the past with a confident look forward: “PPSC’s future as an institute looks very bright. We have unanticipated opportunities for psychoanalysis and psychoanalytic psychotherapy to expand in the future.”

Among the evening’s highlights were the comic and poignant stories of the Institute’s early days and now (as told by Sandy Silverman, Ruth Saks, Marilyn LaMonica, Joan Brady, Catherine Lindenman, Paul Geltner, Patricia Tidwell, and Michael Jenkins) and the musical gyrations of “The Therapy Sweets” and “The Interventions” led by Lee Crespi, adorned as rock star in black sunglasses on air guitar. The group featured Pamela Rosenblum (who composed the finale song to the tune of “I’m Still Here”), Libby Kessman, Fred Aiese, Lucie Grosvenor, and Valerie Frankfeldt. Judy Levitz shared her not-so-hidden talents by penning additional songs, improvising lyrics from such well-known titles as “The Lion Sleeps Tonight/a-wim-o-weh” (“A School Sleeps Tonight/I-need-I-want”) and “Suspicion” (“Depression”). Songs were dedicated to PPSC committee life, faculty, office staff, and our patients, as well as Karen Mruk and her new Executive Committee. Senior faculty member Mike Varga on flute, accompanied by Lars Potteiger on keyboard, made their official debut as The PPSC Jazz Duo, and kept up an unbridled spirit of improvisation throughout the evening. Candidates, faculty, and graduates mingled, feasting on a gourmet dinner as they were entertained and touched by the tributes. The warmth, respect, and love in the room were contagious, and Freud would have been pleased to see such co-existence of love, work, and play.

The gala was organized by PPSC’s Fundraising Committee, chaired by Curtis Brown, Fred Aiese, Beverly Amsel, Maryse DuvalSaInt, Barbara Miller, Karen O’Connor, and Ruth Wyatt.

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I am deeply saddened by the passing of Al Kulick. His friendship over the last few years always warmed me with his declared affection and affinity in discussing what patients experience under the age of six months. Al was proud of never needing to refer the most difficult of patients for medication. His capacity to address profound issues head on surprised me at first, made me consider in ways that were puzzling and subsequently instructive, and eventually deeply moving. I shall miss his quiet voice and unerring ear.

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ALVIN KULICK 1924-2010
by Jack Wiener
SELF SABOTAGE,
Fear of SUCCESS and Fear of ENVY
Experiential & Support Group is forming NOW!

Group Leader: Dr. SUSAN KAVALER-ADLER
Place: 115 East 9th Street (@ 3rd ave), 12P, New York, New York 10003
Time: Mondays, 7:30 – 9:00 pm; Starts on January 11, 2010 – as 12-week group with further development into an on-going group
For more information and to contact Dr. Kavaler-Adler, please:
Call (212) 674-5425 or email DrKavalerAdler@gmail.com

In this group, Dr. Kavaler-Adler will help participants to understand the underpinnings of self sabotage, fear of envy, and fear of success in both their patients and in themselves, by helping them to understand the unconscious loyalties that bind them to patterns of self sabotage.

Participants of this group will have a unique opportunity to look into their internal world experiences during the psychic guided visualization. Participants will be encouraged to share their experiences and develop a group bond to aid each other in working with their fears and conflicts.


Meets: 1st Saturday of the month, from September through June
Place: 115 East 9th Street (@3rd ave), 12P, New York, New York, 10003
Time: 12pm – 4pm

Participants of this group help one another with deepening their awareness of defensive processes that block psychic surrender, and therefore block the capacities to connect, both with one’s internal deeper self for creative self-expression, and with others - for love and intimacy.

Bio: Susan Kavaler-Adler (Ph.D., ABPP, D.Litt, NCPsyA) is the Founder and Executive Director of the Object Relations Institute for Psychotherapy and Psychoanalysis (since 1991). She has practiced as a psychologist and psychoanalyst for 35 years. She is the author of three books and 58 articles (in journals and edited book collections). She won the Gradiva Award in 2004 for her third book, Mourning, Spirituality and Psychic Change: A New Object Relations View of Psychoanalysis (Routledge, 2003). She has won ten other awards for her writing in psychoanalysis. Her two earlier books are: The Compulsion to Create: Women Writers and Their Demon Lovers (Routledge 1993, Other Press, 2000), and The Creative Mystique: From Red Shoes Frenzy to Love and Creativity (Routledge, 1996). Dr. Kavaler-Adler’s three recently published journal articles are: “Pivotal Moments of Surrender to Mourning the Parental Internal Objects” (Psychoanalytic Review), “Object Relations Perspectives on Phantom of the Opera and Its Demon Lover Theme: the Modern Film” (American Journal of Psychoanalysis, June 2009), and “Seduction, date rape, and aborted surrender,” (International Forum of Psychoanalysis, Fall 2009, pp. 1-12).

To schedule an individual consultation or appointment for psychotherapy or clinical supervision, please call Dr. Kavaler-Adler at (212) 674-5425 or Email to DrKavalerAdler@gmail.com. For more information, visit www.kavaleradler.com.
three CGS instructors who braved sub zero temperatures to train our Russian colleagues this past February include Joseph Acosta, Janice Morris, and Harold Stern.

We encourage those interested to check out our website and to join our mailing list to receive ongoing information about our programs and events. We can be found at www.groupcenter.org, by email at info@groupcenter.org, or by telephone at (212) 246-5055.

CHD is pleased to announce that New York State has registered its psychoanalytic program as licensure-qualifying. This means that once students graduate and are certified by CHD, they can apply directly to the state to sit for the licensing exam in psychoanalysis.

SAVE THE DATE: Our Group Training Program will re-launch in fall 2010. The program meets the requirements for AGPA certification and our first course will satisfy a basic requirement of both our Psychoanalytic and Group Programs. Contact the CHD office for further information.

Our spring semester is in full swing and our June workshops are listed on the website. We have many exciting topics this June, so please view the descriptions. Everyone is welcome!

CHD continues to offer programs of study leading to certification in individual and group psychoanalysis, marriage and family therapy, and to the CASAC credential. NASW and NBCC continuing education credits have been approved for all classes. Many of our courses can be applied toward Heed University doctoral credit.

CHD’s Fieldwork Program and Treatment Service are underway and we are enjoying working with students in these important parts of our clinical program. Two students presented their fieldwork cases in January. They did a wonderful job and have moved along in the program to join their fellow candidates in the Treatment Service.

Copies of the first issue of our journal, Current Trends in Psychoanalysis and Psychotherapy, are still available. It contains stimulating articles by some of the leaders in our field. Order your copy today!

For further information about our many programs, journal, and upcoming Open Houses, call CHD’s Administrative Offices (212) 642-6303, e-mail us CtrHumanDev@aol.com, or visit us at TheCenterforHumanDevelopment.org.

The Center for Group Studies looks forward to an exciting spring as we celebrate our 20th Anniversary. A seated dinner in appreciation of our founders, developers, faculty, and friends is planned for May 2, 2010 at Riverside Church in NYC. We are also planning an ad journal for those who wish to share in this event by publishing a note of congratulations or placing a business announcement. This journal will be distributed at the anniversary dinner.

We continue to have record numbers of registrants for our growing Weekend Training Program. Our spring weekend is scheduled for April 30 – May 2 and the theme is Transference and Countertransference Issues in Group Psychotherapy. Faculty for this upcoming event includes Phyllis Cohen, Susan Frankel, Lena Furgen, Myrna Kortlander, Ronnie Levine, and Janet Resnick. A joint event with the Eastern Group Psychotherapy Society will be held on the Friday evening and will feature invited guest speaker Gerald Lucas.

Our training program in St. Petersburg, Russia continues to receive rave reviews. Under the local organizing leadership of faculty member Sally Henry, 35 mental health professionals receive three training weekends a year onsite at their facility. The three CGS instructors who braved sub zero temperatures to train our Russian colleagues this past February include Joseph Acosta, Janice Morris, and Harold Stern.

We encourage those interested to check out our website and to join our mailing list to receive ongoing information about our programs and events. We can be found at www.groupcenter.org, by email at info@groupcenter.org, or by telephone at (212) 246-5055.
In this beautiful book, recounting her personal journey of discovery, Mariann Burke offers us her awakening to the experience of the Feminine. We follow her as she encounters and responds to images of Mary which hold meaning for her: Mary as Virgin Mother, Mary as Mirror, Mary as the Compassionate Sanctuary for suffering humanity, Mary as Temple, Mary as Black Madonna and Divine Wisdom. Through her contemplation of these images, she leads us deeper into an understanding of the Feminine and into unexplored dimensions of the soul. This is a book to savor and return to often. --Anne Baring, co-author of The Myth of the Goddess: Evolution of an Image.

This fascinating and energizing book is the fruit of the author’s travels, study, contemplation, and personal experiences. I heartily recommend it to anyone who wants to begin or continue to face self, death, pregnancy in its various modes, and spiritual creativity. Using her readings of Marian paintings and sculptures, from Fra Angelico to Warhol and Franck, Burke explores the Divine Feminine as a powerful force in the past, present, and future.

--Jane D. Schaberg, Professor of Religious and Women’s Studies, University of Detroit Mercy, author of The Resurrection of Mary Magdalen.
APRIL


Wed. 21: Open House, Academy of Clinical and Applied Psychoanalysis (ACAP), www.acapnj.org

Fri. 23: Envisioning the Collective Unconscious (seminar), C.G. Jung Inst. of Boston (CGJ-Bos), www.cgjungboston.com

Fri. 23: Attachment in Self Psychological Psychology (workshop), Training and Research Inst. for Self Psychology (TRISP), www.trisp.org

Fri. 23: Reality TV Group Psychotherapy, Center for Modern Psychoanalytic Studies (CMPS), www.cmps.edu

Sun. 25: Content and Process in the Analysis of Concrete Patients (master class), National Psychological Assoc. for Psychoanalysis (NPAP), www.npap.org

Sun. 25: Open House, Institute for Expressive Analysis (IEA), www.ieany.com

Sun.. 25: “A Single Man” (Sunday film & brunch series), CMPS

Wed. 28: The Problem of Religion in Psychoanalysis (presentation), Kentucky Psychoanalytic Institute (KPI), www.kypsychanalytic.org


MAY

Sun. 2: Open House, Psychoanalytic Psychotherapy Study Center (PPSC), www.ppsc.org

Sun. 2: 20th Anniversary Celebration, CGS

Sun. 2: Annual Graduation Brunch, New Jersey Institute for Training in Psychoanalysis (NJfI), www.njinstitute.com

Fri. 14: The Lacanian Paradigm: Incidences in the Analysis of a Child (workshop), ACPA

Sat. 15: Angst, Anguish, Anxiety (member presentations), ACPA

Sat. 15: Atonement: Examining the Effects of Ritual in Analysis (workshop), CGJ-Bos

Sun. 16: How We Work (cont. ed. committee presentation), NPAP

Wed. 19: Open House & Clinical Supervision, ACAP

Fri. 21: Please Select Your Gender: From the Invention of Hysteria to the Democratizing of Transgenderism (book presentation), ACPA

“ʼI believe in being prepared at my street cleaning job. I don’t count on anything anymore — not even spring.”
**PSYCHOANALYTIC COMMUNITY CALENDAR**

**Sun. 23:** Fundraising Cruise, NJJ. Co-sponsored by ACAP & CPPNJ.

**Sun. 23:** Love, Loss & Madness as Manifested in the Life and Music of Robert Schumann (workshop), Object Relations Institute (ORI), www.oriny.org

**Fri. 28-Sun. 30:** The Value of Silence (contemplative retreat), C.G. Jung Inst. of Chicago (CGJ-Chi), www.jungchicago.org

**JUNE**

**Thurs. 3:** Open House, WSI

**Thurs. 3 & Sat. 5:** Lacan’s Additions to Inhibition, Symptom, Angst (workshop), ACPA

**Thurs. 3 & 10:** Affairs: Inevitable or Preventable? (workshop), CHD

**3 & 10:** Chronic Loneliness (workshop) CHD

**Thurs. 3, 10, 17 & 24:** How to Live Successfully with a Teenager (workshop), CHD

**Fri. 4:** Lacan’s Additions to Inhibition, Symptom, Angst (workshop), ACPA

**Fri. 4:** Open House, TRISP

**Sat. 5:** On Dreams, Paintings and Active Imagination (workshop), CGJ-Bos

**Mon. 7 & 14:** Chronic Unhealthy Attachments: Why do people seek out and remain in unfulfilling relationships? (workshop), CHD

**Wed. 9:** What is the Role of Laughter? (workshop), CHD

**Sat. 12:** Dances of Intimacy (workshop), ORI

**Fri. 18:** Listening and Psychoanalysis: What Psychoanalysts Hear and Why They are Listening for It (workshop), CHD