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ADVANCEMENT OF PSYCHOANALYSIS

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National Association for the Advancement of Psychoanalysis

NAAP NEWS

Summer 2017



Light 10 from "Places of Light." Courtesy Krystyna Sanderson.

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NATIONAL ASSOCIATION FOR THE
ADVANCEMENT OF PSYCHOANALYSIS

President's Column

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ART CONSULTANT

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Hooray, here comes summer! It's been a long winter. Now it's time to recharge, step back, and assess what's next. Let's make this the year of "the activist" in many venues. In this spring 2017 edition I address three issues important to NAAP members and member institutes, which I ask you to consider while recharging: some specific benefits of membership; the realities of sustaining a professional advocacy organization; and the need for continual strategic planning and development of new generations of leadership. Each one of these issues is of the highest priority for achieving our goal of protecting and enhancing the practice of independent psychoanalysis.

A YEAR OF BIG MOVES

Advocacy

It has been a year of big moves on several fronts, all with the idea of securing and expanding our role as the advocate for independent psychoanalysis for all schools of thought. We are always available to provide information and recommendations of appropriate legislative or legal professionals regarding issues that impact the practice of psychoanalysis, no matter where in the country you reside.

Practical Benefits

We also provide practical benefits such as discounts on professional liability insurance. We offer workshops and consultation on practice building, and all members can be listed in our online registry at www.naap.org. We are approved providers of Continuing Education (CE) hours for psychoanalysts and social workers in New York State, as well as other states, and are a resource for continuing education opportunities.

Continuing Education (CE) Provider Partnering

Our member institutes have the opportunity to offer CE hours through co-sponsoring with NAAP either on a one-time or annual basis, providing their programs meet required standards and materials are presented to us for review in that format. Institutes can save money, time, and labor through co-sponsorship, while continuing to offer quality educational experiences for mental health professionals. By partnering, institutes can use the NAAP logo identifying their events as meeting the highest standards of CE offerings. We'll be sending out specific information on this shortly.

call 212-741-0515 to subscribe.

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TODAY!**



**SAVE THE
DATE
11/18/17**

**THE NAAP ANNUAL
CONFERENCE
&
2017 GRADIVA
AWARDS**

SUSTAINING A PROFESSIONAL ADVOCACY ORGANIZATION

As the national advocate for independent psychoanalysis for all the schools of thought, NAAP aims to unite those schools and ensure the independence, advancement, recognition, and sustainability of our profession. Like many small nonprofits today we are challenged with funding the administration and projects that provide value and resources for our members. We see several hurdles immediately ahead, and cannot emphasize enough how important your support through dues, donations, and committee participation is to continue NAAP's mission. With this in mind we have added an online option of multi-payment of membership dues . If you have not yet paid for 2017, please take a few minutes to do it now. You and your participation count.

You will be receiving a letter describing the enormous efforts our volunteer committees extend on your behalf, working with other mental health organizations, our lobbyists, and legislators. There are continuous meetings and conversations that help protect the scope of practice of our membership. It's difficult to describe the labor intensive process that our dedicated volunteers commit to, to secure this. Special thanks need to be given to the years' worth of outstanding contributions of members, among them Jennifer Harper, Douglas Maxwell, Michael Connolly, James Holmes, and Margery Quackenbush. They have navigated many diplomatic storms, continuing to succeed in expanding NAAP's visibility and stature as the representative and resource for professional psychoanalysis.

Along with the benefits members gain from this dedicated volunteer advocacy group comes the necessary expense of funding lobbyists and administrative costs such as staff and travel to various meetings to represent you, our constituents. NAAP's dues alone cannot sustain this. So we must ask you to reflect on the extensive value of individual and organizational membership in NAAP, and to dig deep both to donate what you can , in addition to annual dues, and to encourage colleagues to join you in this vital association. You count on us, and we need to be able to count on you, too.

DEVELOPMENT OF NEW GENERATIONS OF LEADERSHIP

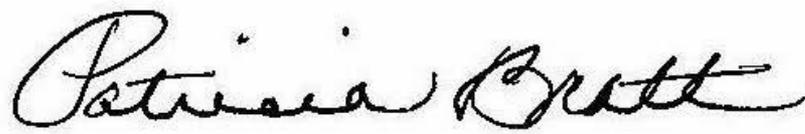
Every member, and potential member, of NAAP is a leader. Whether you view yourself as such or not, the profession you have chosen puts you in that position in the clinical setting, in personal life, and in professional relationships. Psychoanalysts are intuitively activists. They work to guarantee that everyone has access to choices and protections intrapsychically, and in our complex world with each other.

NAAP was founded as an ecumenical group, welcoming and supporting the diverse schools of thought that enrich and define our profession. It has provided advocacy for



standard setting in practice, and a community of like-minded professionals for collegiality and growth. Psychoanalysis is well known for its internal, divisive conflicts over the decades. We are leaders, but human. We instinctively gravitate toward our own ways of thinking, often developing erroneous ideas about “the other,” rejecting them without exploring the value of the differences. It is our human lot to fear what is different, but we have the great advantage of years of our own analyses that ultimately help us recognize the important strength in diversity and the power in advocating for it. For an organization to thrive there must always be a new generation ready to learn to channel their leadership skills, and a current generation willing to mentor, collaborate, and welcome. NAAP looks now to build the next generation and can do that best through the participation of all our members in committees or whatever role they may carve as part of this volunteer association. It is an exciting opportunity to make a difference in your profession and your personal life. We who are now shepherding your association extend an invitation, from our newest to most seasoned members, to become activists with NAAP. We need your skills and company. Check out [our current committees](#) , or share your ideas for new ventures in such things as social media, fundraising, conference planning, or membership development.

Do let me know, patbratt@comcast.net , any interests you may have in shaping NAAP’s future success as the advocate of professional psychoanalysis.


President



Our Cover Artist – Krystyna Sanderson



Krystyna Sanderson works with light and darkness as a visual artist, and with emotional light and darkness in the human psyche as a psychoanalyst. She sees a light begin to shine in the darkness of her patients' psyches that have been without hope, desperate and defeated. In her practice, Sanderson sees this light of hope, of freedom, of life coming into her patients'



lives.

The task of psychoanalysis is to allow that light to make the invisible truth visible, and to push back the darkness.



Top left: Light 5
Bottom left: Light 2
Right: Cover photo

All from the photo series "Places of Light."

PSYCHOANALYSIS AND POETRY: In Search of Haunted Chambers

by Carmine Giordano



Psychoanalysis and poetry have central goals in common: to probe and search the interior of the human psyche and translate its neural and sensory experiences into articulate syllables, images and symbols

In the analytic hour, patients attempt to make conscious and put into language the troublesome vagaries of their personal existences while often in the process inadvertently and fortuitously revealing the unconscious determinants of those experiences to the "third ear" of their empathic and discerning listeners. [More](#) .

IEA Creative Seminar Series

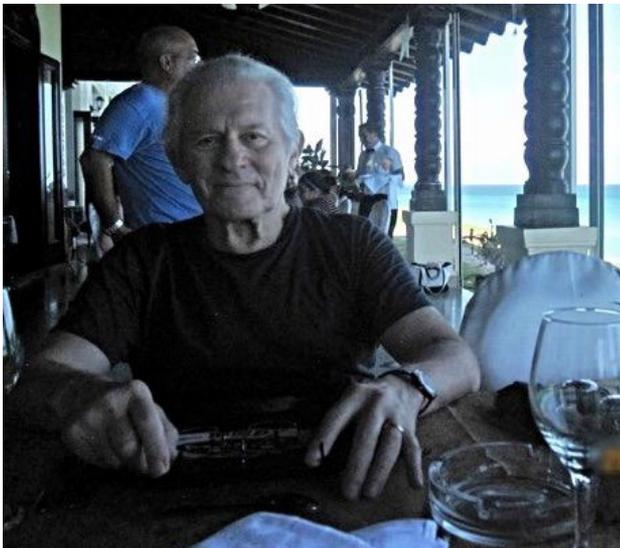
by Kristin Long

Students are the core of psychoanalytic training programs. As a training institute, it's our job to guide, teach, challenge, support, and attend to our students. Without this, without students, we can't have a successful institute.

On April 23, the Institute for Expressive Analysis (IEA) held its Creative Seminar Series event featuring presentations by three of our current students. The success of this event last year motivated us to organize it again, with remarkable results. At IEA, highlighting the work of our candidates has been an inspirational way to bring our community together. [More](#) .



Meredith Glidden, Vanessa Hannah Bright, Britton Williams



Dancing our Unconscious

by [Jack Wiener](#)

The body, specifically the musculature, is our psyche's first line of defense against terrors: disappearance, abandonment, and aloneness. The musculature stiffens in terror, the breath gasps in fear, and cries of urgency echo in desperation as the body thrashes in pain or collapses in depression. These existential experiences initiate the many strategies for survival that develop for us all. [More](#).

Talking About: Art at MoMA

Making Space: Women Artists and Postwar Abstraction *and* **Robert Rauschenberg: Among Friends**

by [Sandra Indig](#)

The juxtaposition of these two exhibits speaks loudly to the art world's traditional, ongoing recognition and celebration of male artists, and

to its almost virtual exclusion of female artists. Admittedly, this changed somewhat after WWII.

The expressive, gestural canvases on display were familiar (Lee Krasner, Helen Frankenthaler) but less so were the fine weavings and process oriented sculptures of, for example, Louise Bourgeois. Her evocative sculpture, *The Quartered One*, characterized as "lair," could be a place of seclusion or a trap but it is also emblematic of this group of female artists envisioning for us that which we usually cannot see with the naked eye or perceive with the thinking mind. [More](#) .



Images courtesy of the The Museum of Modern Art. From the exhibitions **Robert Rauschenberg: Among Friends** (through Sept. 17) and **Making Space: Women Artists and Postwar Abstraction** (through Aug. 13).



Louise Bourgeois, "Lair"



Robert Rauschenberg



Alina Szapocznikow, "Belly-Cushions"

Joel S. Bernstein,
Ph.D.

Remembered



JOEL BERNSTEIN

The inaugural issue of the Institute for Psychoanalytic Studies newsletter is devoted to IPS founder Joel Bernstein, who passed away on February 2, 2017. Lisa Sokoloff, Editor, shares some thoughts.

Joel was a *rara avis* (with his passion for words and language, he would appreciate the term we've chosen in his honor.) Current thinking from neuroscience tells us that we have multiple self states which are loosely connected and contextually based. Joel had a wonderful array of selves; here are a few that come to mind:

- Educator who took great pleasure in helping students open their minds
- Founder and leader of a growing analytic institute
- Talented pianist
- Dedicated explorer into the deep recesses of the psyche
- Devotee of Freud and the monumental power of the unconscious
- Exceptionally gifted analyst
- Dog lover
- Speaker of truth
- Devoted husband of Nita and proud father

Joel led our community with a clear vision and respect for truth. Going forward, we hope to continue his legacy and, through our Institute's classes and conversations, carry on his work of understanding and appreciating the unconscious.

Typical of Joel, he created a place where all points of view are welcomed and encouraged. (We always knew that sparring with Joel would be on the agenda if we brought up the dreaded "object relations.")

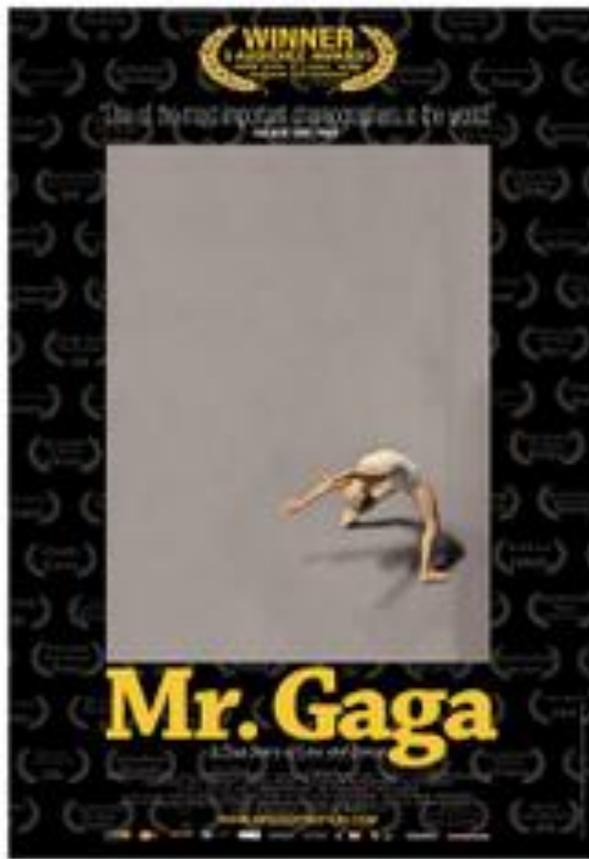
Joel had a wicked sense of humor and used it to great advantage.

He will long be remembered and lives on for all of us who had the good fortune to know him.

WATCH THIS MOVIE!

Mr. Gaga

Tomer Heymann, Director



Barak Heymann, Producer

The life and career of Ohad Naharin, choreographer and artistic director of the Batsheva Dance Company.

by Jack Wiener

If you have ever wished to witness movement as an expression of unbearable intimacy, of limitless twin-ship, of unfathomable love and frustration, of total physical submission, and alternating containment, I implore you to see the film “Mr. Gaga.”

I am tempted to say more along psychoanalytic lines, but I hesitate to obscure the directness of this best dance film ever. It is the heart of psychoanalytic sensibilities.



Thank goodness for Tomer Heymann, the director, who is preternaturally inclined to tell a story tying the middle, beginning, and ending together despite the opposition of Ohad Naharin, Mr. Gaga.

JOIN US!



Institute News



Boston Graduate School
of Psychoanalysis

***Announcing a new program beginning
spring 2018!***

**Master of Arts in Social Justice
and Human Rights**

Stephen Soldz, PhD, Director
Learn about...

- Fundamental principles of social



C G JUNG INSTITUTE OF CHICAGO

CGJI-Chicago Archive

One of the largest of its kind in the world, the C.G. Jung Institute of Chicago Archive is a rich and unique educational resource for anyone with an interest in the well-being of the individual, the community, and the culture.

The audio collection contains over 700 titles from lectures, workshops, courses,

- justice and human rights
- Analysis of social structures and their influence on individuals, groups, and communities
- Ethical practices in social change and human rights advocacy
- Transformative communications strategies
- Social change and leadership strategies
- Research methods and approaches for social change
- Important concepts of individual and group psychodynamics, including:
 1. How the unconscious influences social behavior
 2. How social change initiatives can be strengthened by recognizing unacknowledged conflicts
 3. How dealing with these group and organizational dynamics can help facilitate change

Pioneer Scholarship for Social Justice
 Students entering the first class of the M.A. program in Social Justice and Human Rights are eligible for the Pioneer Scholarship for Social Justice. Award amounts will be up to 50% of course tuition, renewable for up to three additional semesters (2 years total). Eligible candidates include students who have applied and been accepted into the MA in Social Justice and Human Rights program at BGSP who plan to begin enrollment during the 2017-18 academic year. Scholarship application deadline is August 15th for Fall 2017 and January 16th for Spring 2018. [Click here for a copy of BGSP's Application for Institutional Financial Aid](#) . Contact financialaid@bgsp.edu or 617-277-3915 with any questions.



Tend to your soul by attending one of Pacifica Graduate Institute's summer retreats.

Introduction to Dream Tending: A Practical Approach to Dreamwork

and seminars recorded over the last forty years at our institute.

Programs explore aspects of Jung's thought and related topics including: Archetypes and Archetypal Theory, Dreams, Fairy Tales, Masculine and Feminine Psychology, Ritual and Initiation, Ego, Gender and Sexuality, Persona, Mythology, Science, Art and Cultural Studies, Family and Relationships, Individuation, Shadow, Religion and Spirituality, Clinical Theory, Alchemy, Astrology and Tarot, and Analytical Psychology.

Speakers include internationally renowned presenters whose work is at the forefront of psychological thought including Robert Moore, June Singer, Murray Stein, John Beebe, Ann Belford Ulanov, Donald Kalsched, Andrew Samuels, Ashok Bedi, Jean Shinoda Bolen, and many others.

Titles from the Archive are published in two ways. Shorter audio seminars will be made available through our free audio podcast the [Jungianthology Podcast](#) . Longer audio sets and all videos are available for purchase and instant download on this site.

[Visit the store here](#) .



WESTCHESTER INSTITUTE FOR TRAINING
 IN PSYCHOANALYSIS AND PSYCHOTHERAPY

Summer Institute

The WITPP Summer Institute continues on July 13 with the third of five classes, **On Non-Binary Gender, Trauma, and Dissociation** with S. J. Langer, MA, LCSW-R, EMDR.

The polarity of binary gender is being shaken by individuals who are willing to live their lives more authentically. Trans and gender non-conforming people have much to teach us about gender as it informs our myriad questions and issues related to Identity, in whole. Interpersonal and intrapsychic complexities of gender can become shackles of suffering when enforced through arbitrary, heterosexist, cisnormative, transphobic, and outmoded ways. What is at stake for child

Dream Tending is a life practice that healers, storytellers, and poets have known by many different names for thousands of years. Passed on through generations, the art of tending living dream images emerges when the call to the see the natural world as alive becomes urgent.

Participants in this three-day workshop will build practical skills grounded in traditional and emerging methods of dreamwork. The Dream Tending methods developed by Dr. Stephen Aizenstat build on the methods of association, amplification, and animation pioneered by Freud and Jung, and expanded upon by James Hillman and Marion Woodman. Dream Tending puts animation into practice and allows us to experience dreams in their living, embodied reality. By hosting and tending relationships with the living images of dreams we discover new ways of experiencing life and achieve better psychological and physical health.

Workshop participants will:

- Learn how to remember dreams and examine reoccurring dream themes
- Practice dream tending skills with nightmares
- Explore the multiple dimensions of psyche—the personal, collective, and world unconscious
- Animate dream images and form relationships with figures in dreams
- Discover how living images impact and inform our moods, behaviors, and perceptions
- Learn how dreams can support and improve physical and psychological health

Participants will meet daily in four-person Dream Kivas to practice their dream tending skills. During these sessions, each member of the group will have the opportunity to work with their own dreams.

[More info.](#)

Ars Alchemica: The Art and Alchemy of Transformation (various presenters)

August 25-27

The ancient art of alchemy – the transformation of base materials into a nobler form – continues to captivate the imaginations of artists, poets, scholars, seekers – and depth psychologists. One of the earliest material technologies found

development when aspects of gender are foreclosed? What aspects of self are dissociated when certain gendered expressions are unacceptable? How does one cope with trauma that relates to personal gender development? We will explore that process of (self) recovery across the gender spectrum.

The remaining two classes, **Bullies, Victims, and Bystanders Among and Within Us—An Exploration of the Victim-Perpetrator-Bystander Dynamic Utilizing Perspectives From the Internal Family Systems Model of Psychotherapy**, with Jim Andralis, MPS, LCAT, and **For Every Echo, A Narcissus: The Locus of Agency in Addiction and Exploitation**, with Renée Obstfeld, PhD, LP, LCAT, ATR-BC, CASAC, take place on July 20 and 27, respectively.

For more information and to register: <https://westchesterinstitute.org/summer-school/>.

2 CECs (psychoanalysts and social workers) are available for each class.



SAVE THE DATE!

Sunday, Oct 29, 2017

39th Annual Conference

throughout the world, many alchemical traditions over time developed into highly elaborate esoteric systems until nearly being eclipsed at the dawn of the modern scientific era. In the late 1920s, after undergoing his profound *Red Book* experience, C.G. Jung was synchronistically introduced to Daoist alchemy through Richard Wilhelm's translation of *The Secret of the Golden Flower*. This encounter catapulted Jung away from his inner exploration of the *Red Book* images, and into the world of alchemy, capturing his imagination and profoundly influencing his scholarly output for the remainder of his life.

This weekend symposium draws upon the rich influence of Jung's alchemical psychology, while expanding it for a new generation of scholars, seekers, and practitioners. Scholars of alchemy and Jungian analysts of international renown join to offer diverse perspectives of cross-cultural alchemical systems and their implications for analytical practice and personal growth and transformation. Join us at Pacifica for this inter-disciplinary odyssey into the rich and diverse worlds of alchemy and depth psychology as they are brought into creative dialogue. [More info](#).



A Conversation with Dr. Michael Eigen

Pain, Attitude, Multiplicity, Possibility

Presenter

Susan Goldman, LCSW, PsyA

9:00 AM - 3:00 PM
Montclair State University,
Montclair, NJ

www.njinstitute.com

Member News

Susan Kavaler-Adler, PhD, DLitt, NCPsyA, was presenting on the impact of Winnicott's mother at the 40th Annual Conference of the International Psychohistorical Association—The Intersection of Psychology and History—May 31-June 2, in NYC.

Carmine Giordano was accepted for participation in the Napa Valley Writers' Conference poetry workshop this summer with Matthew Zapruder, poet and editor for the *New York Times*. Carmine teaches literature at Palm Beach State College and has published two collections of poetry, *The Courage of Flowers* and *The Hero's Journey*.

"A Mind's Eye View: Processing Psychoanalytic Treatment Through Artwork", by **Robert Wolf, PhD**, appears in the April 2017 edition of *The Psychoanalytic Review*.

Stella Acquarone, PhD, and the [Parent Infant Clinic and The School Of Infant Mental Health](#) in London have put together a great offering of courses for fall 2017, all available via Skype: Diploma in Parent Infant Psychoanalytic Psychotherapy; Certificate-Infant development; Certificate-Challenges and problems of infancy; Certificate-Fundamental concepts in psychoanalysis; Certificate-Further concepts in psychoanalysis; Certificate-

Authors in our Midst

New and noteworthy books by NAAP members



Obsessions: The Twisted Cruelty Francesco Bisagni

Obsessions: The Twisted Cruelty is a challenging contribution to contemporary clinical debate, especially regarding the role of analytically-oriented psychotherapy in the treatment of OCD, and how to deal with the psychiatric treatment and combine the two approaches, while keeping the focus on the transference-countertransference interplay. After the first theoretical chapter, the relationship between obsessions and thinking impairments is discussed, with specific reference to delusional ideation. A section entitled "the anal conundrum" follows. Encopresis and anal masturbation during childhood are discussed, as well as the identification of the child with a maternal "faecal object. The last section explores the connection with depression, and some specific features of sadism.

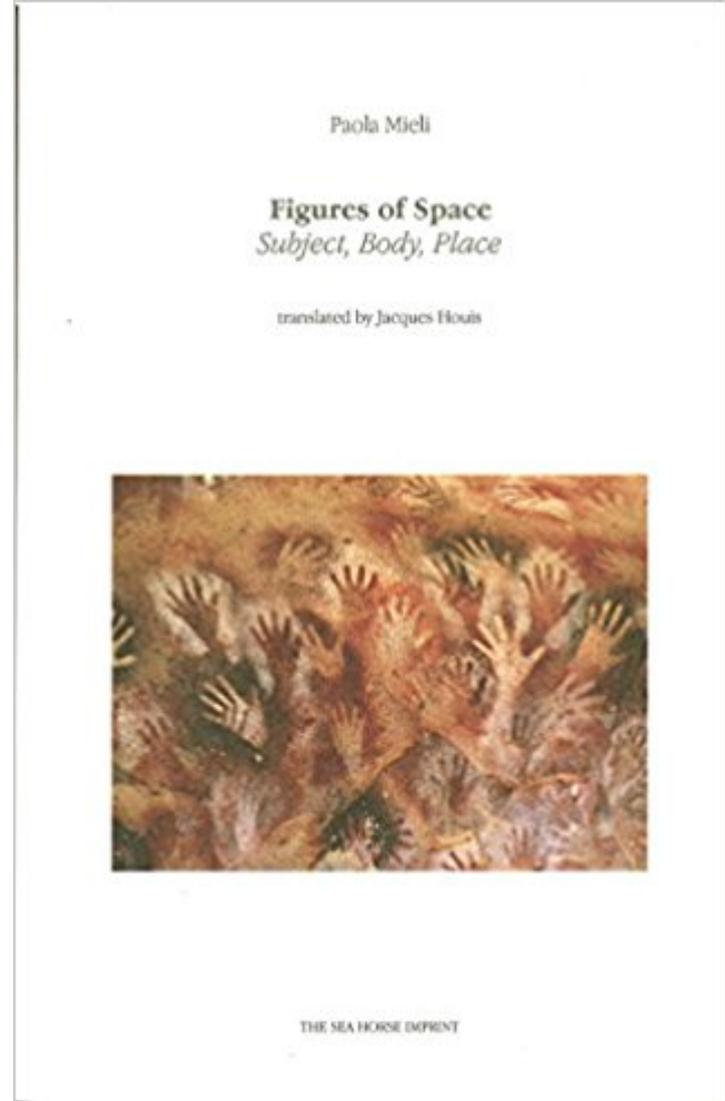
Figures of Space: Subject, Body, Place

Paola Mieli

...[a] magisterial work—impressive for both its scholarship and its theoretical sophistication...a brilliant elaboration of Freud's enigmatic hypothesis, given late in his life, that 'psyche is extended.' *Leo Bersani*

...an original and illuminating examination of the points at which mind and body run up against limits where 'trespassing' becomes unavoidable and 'the subject,' as Mieli writes, 'is edge.'" *Daniel Heller-Roazen*

[Text Link](#)



NAAPNews

2017-2018 Publication Schedule

Copy Due

Publication

2017

SUMMER - June 9

Aug. 25

FALL - Sept. 15

Nov. 3

2018

WINTER - Dec. 1

Feb. 23

SPRING - March 2

May 25

SUMMER - June 1

Aug. 24

FALL - Sept. 14

Nov. 2

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