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President's Column
2017 has given us much opportunity for reflection of and recommitment to the values that brought us to this field and NAAP. Much of what we had thought were given parameters have been shattered and tossed aside. We are forced to consider questions regarding the relationship between mental health and violent behavior, the reality of racial attitudes, seemingly endless accusations of sexual harassment, a government that appears to be imploding, and the deterioration of international relations. We have witnessed the collapse of policy representing a core value of our country, embodied by Emma Lazarus’s words on the Statue of Liberty:

"Give me your tired, your poor,
Your huddled masses yearning to breathe free,
The wretched refuse of your teeming shore.
Send these, the homeless, tempest-tost to me,
I lift my lamp beside the golden door!"

Who in America is not an immigrant or the recent descendant of one? We pride ourselves on the amazing contributions and achievements of a society made strong by its blended populations, its welcome diversity. We acknowledge the flaws and some terrible shortcomings but strive to correct them. I have worked with recent refugees and immigrants who are suddenly fearful that the beacon of safety they envisioned will only light their return to danger and suffering. One therapist working with Syrian refugees commented, "They've escaped from the trauma of war to face the trauma of utter rejection." A longterm, legal immigrant said, "Many of my friends won't go out anymore. They stay home, afraid of being targeted, profiled. They've done nothing wrong. They're legal here, but feel betrayed by a system they can't trust anymore."

Parallel to our country's founding principle, NAAP was established to represent and unite all the psychoanalytic schools of thought. Its organizing members recognized the strength of multiple approaches to understanding the human psyche and its variabilities, and
official position of the National Association for the Advancement of Psychoanalysis or NAAPNews.

The protective power of collaboration. They appreciated the richness and power of analytic education centers that represent divergent theories but work toward the common goal of emotional and social well-being. In these turbulent times NAAP continues its mission of unity and of ensuring the advancement, recognition, and sustainability of the independent profession of psychoanalysis. We remain committed to promoting mental health for individuals—in personal relationships and in society—and diversity, social justice, and social responsibility.

We pursued this commitment in 2017 by:

- Expanding continuing education opportunities and credits for psychoanalysts;
- Hosting our 45th annual conference "Leadership, Narcissism, and Social Responsibility," addressing some challenges psychoanalysts face in the clinical arena and the community;
- Collaborating with ABAP on the continued development of standards and core competencies for psychoanalytic education to help define and represent psychoanalysts in the larger professional community; and
- Supporting Legislative efforts to attain and maintain recognition and secure practice for professional psychoanalysts.

As an organization, NAAP has its goals. As psychoanalysts, we know we live in the process of moving toward those goals. And this process requires relationship building inside and outside the field, growth in self-awareness, and active professional engagement. We're working on this all the time, and encourage you to join us in the process.

[Signature]
President

2017 Gradiva Award Winners
ART

MARK WALLINGER
"Self-Reflection"
Submitted by the Freud Museum, London

ARTICLE

JILL GENTILE
What is special about speech?
Psychoanalytic Psychology, 33:1

BOOK

GERALD J. GARGIULO
Quantum Psychoanalysis: Essays on Physics, Mind, and Analysis Today
IP Books

EDITED BOOK

KATIE GENTILE
The Business of Being Made:
The Temporalities of Reproductive Technologies, in Psychoanalysis and Culture
Routledge
Cover Artist Amanda Lenox Talks to NAAPNews

Let's start with your art. How would you describe your work?

I mostly create portraits that range in character styles. I like to make photo-realistic portraits using graphite, but I also like to make very colorful portraits with oil paints. Overall, I find myself making images of people with obvious emotion; curious, downtrodden, lighthearted, discerning, confused, and so on.

What’s your background and how has it influenced your work as an analyst and an artist?

I train at the Philadelphia School of Psychoanalysis and Psychoanalytic Psychotherapy Study Center. I have seen my artwork strengthen in content and style since beginning my psychoanalytic work. My portfolio, as a whole, serves as a visual example of how psychoanalysis can play a part in widening a person’s psychic scope over time. I hope to use my breadth of work to demonstrate this while de-stigmatizing the process of talking. While the range of my artwork strengthens my cause,
The analyst’s couch is a powerful tool in psychoanalysis. The couch holds the space where we uncover and create the hidden emotional landscape of unconscious intrapsychic life. Hyman Spotnitz writes that when a patient lies on the couch, he or she experiences the state associated with REM (rapid-eye-movement) sleep, when most dreams occur. This relaxed but internally active state not only helps us to talk, but to talk so that repressed and fragmented thoughts and feelings begin to emerge. More.
For Every Echo a Narcissus: The Locus of Agency in Addiction and Exploitation
by Renée Obstfeld

It is hardly news that ideological polarization in the United States and elsewhere has reached crisis levels; such an observation does precious little to quell resulting existential anxieties. Perhaps we can entertain a modicum of hope if, as analysts, we think about how polarized states can reconcile within the individuals they treat. Surely these times have made at least some people from each side more curious about the other. They encourage appreciation for nuance and difference within groups of people we may never have considered very carefully. More.

Member Spotlight: Walter J. Urban, PhD

Earlier this year, NAAP was delighted to welcome back our former member Walter J. Urban. Although it’s been a while, he has hardly been taking it easy, as he tells us.

Greetings, from Dr. Walter J. Urban!
I have rejoined NAAP, and I hope some of my old
friends are still alive to remember this 85-year-old.

I am registered with the medical board of California as
a Research Psychoanalyst No. 7, and have served on
the board of directors of the National Psychological
Association for Psychoanalysis (from where I
graduated in 1968), the New York Society of Freudian
Psychologists, the Gerson Institute, and The Executive
Advisory Board of the American Psychotherapy
Association. I was also formerly the director of the
Theodor Reik Consultation Center, and was the
producer and host of the TV program “Psychoanalysis"
in NYC back in 1976.

During the nineties, I trained myself in self sufficiency
by living in the jungle in the Fiji Islands for several weeks. In 2000, I decided to leave the
U.S. and become self sufficient for food and water. Currently, I live in Costa Rica where I
am a farmer, specializing in growing organic foods, and where I also was founder and
director of the Energy of Life Institute, a retreat center.

Over the years I have owned 10 different types of business, and have been a business
consultant for 35 years. I love helping people and teaching, and my extensive and varied
experience helps me get quicker result in all areas. I am basically retired but continue to
 teach people about understanding obstacles to happiness and good health. I am open to
doing supervision on Skype, and can be contacted there at doctorwalter1.

Among the books I have written are Integrative Therapy: Foundations of Holistic and Self Healing (1978), Do You Have the Courage to Change? (2004), and Powerful Poems (2017).

I look forward to hearing from you!

✧ ✧ ✧

Dr. Urban can be reached at doctorwalter123@gmail.com. You can also check out his websites www.lifestylepsychotherapy.com and www.worldheartrevolution.com for more information.

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BOOK REVIEWS

Bruce Fink, 2016, Polity Press

by Warren Holt

Over the past twenty years Bruce Fink has
made valuable contributions to
psychoanalytic literature by making the
writings of Jacques Lacan accessible to the

**Obsessions: The Twisted Cruelty**  
Francesco Bisagni, 2017, Karnac Books  
by Carmine Giordano

In his brilliant study *Obsessions: The Twisted Cruelty*, Dr. Francesco Bisagni, a psychiatrist and Jungian psychoanalyst, uses his theoretical understandings—a complex of Post-Jungian and Bionian constructs—to work with patients who have survived and adjusted to family disturbances by adopting a variety of defensive obsessive-compulsive behaviors. As demonstrated in numerous case histories, these patients prove particularly difficult to treat and analyze because of their various states of primitive psychic functioning, self fragmentation, and chronic implementation of splitting, isolation, and other dissociative mechanisms. More.
Member News

Stella Acquarone, PhD, principal at the Parent Infant Clinic and The School Of Infant Mental Health in London undertook a book tour last fall to discuss her most recent publications, Changing Destinies: The Re-start Infant Family Programme For Early Autistic Behaviours (Karnac, 2016) and Surviving The Early Years: The Importance Of Early Intervention With Babies At Risk (Karnac, 2016).


Dayle Kramer, LCSW, LP, NCPsyA, was recently quoted in a Huffington Post article by Priscilla Frank. In the article, on men who masturbate, uninvited, in front of women, she says, “There is no clinical term, it’s just shame. Not a particular kind of shame, people may feel it in different ways. We don’t know whether this person was bullied or shamed in their childhood, we don’t know what caused them to want to shame others and shame themselves.”

Natalie Riccio, PhD, was elected Chair of the New York State Board for Mental Health Practitioners. She is a graduate of Fordham University Graduate School of Social Service and the Center for Modern Psychoanalytic Studies. Riccio has been in the mental health field for more than 35 years with a wide range of experience from social work to psychoanalysis, teaching, training, supervising, analysis, play therapy, and group, couple, and family therapy. She is a faculty member at Washington Square Institute, the Center for Human Development, and Fordham Graduate School of Social Service. Dr. Riccio is also an NGO representative for the International Federation for Settlement and Neighborhood Centers (IFS) at the UN.

Institute News
ACAP has some exciting workshops ahead for winter. And remember, our workshops are approved for CEU credits for social workers, counselors, and art therapists. Check out our website—www.acapnj.org—for more information.

JANUARY

CLINICAL SUPERVISION
Saturday - Sunday, 20-21; 27-28; and Feb. 3, presented by ACAP faculty members. "Ethics and Culture" will take place on January 21.

FEBRUARY
Sunday 4 - A Shaky Divide: Revenge & Forgiveness, with Demetria DeLia, PhD

Wednesday 14 - True Grit: Raising Productive, Stable Children, with Claudia Sheftel-Luiz, PhD

MARCH
Friday 2 - Healing with Humor, with Ron Dranetz

Sunday 4 - Open House

Sunday 11 - Patience with Patients! The Impatient Clinician as a Therapeutic Intervention, with Susan Saunders, LCSW

Sunday 18 & 25 - Life After Death; Working With People Recovering from Addictive Behavior; Building a Self, with Alice Weintraub, PsyA

APRIL
Friday 13 - On New Soil: Guidelines for Working with Immigrant Patients, with Eva Silver, LCSW

NIP Announces Avital Woods and Allison Katz as Co-Directors of the One Year Evening Program

Avital Woods, LCSW, and Allison Katz, LCSW, have been elected as Co-Directors of NIP’s One Year Evening Program. Avital is a graduate of NIP’s 4-year adult training program in psychoanalysis, as well as the supervisory training program. She supervises analytic candidates and offers psychoanalytic psychotherapy in her private practice in New York City.

Allison is a psychoanalyst in private practice in New York City. She is an Associate Editor for Psychoanalytic Perspectives, and has co-chaired the Focus Series for NIP's Professional Association. Additionally, Allison co-chairs the Webinar Committee for The International Association for Relational Psychoanalysis and Psychotherapy, and the Community Resources Committee for NIP.

WSI Announces New Executive Director & Dean and New Director of Training

Marc E. Angers, MA Oxon, MSW, LCSW, LP, NCPsyA, is the new Executive Director and Dean of Washington Square Institute for Psychotherapy and Mental Health.

Angers was an American Keasbey Fellow at Oxford University, where he received his Masters in Philosophy and Politics. He received his MSW from Hunter College School of Social Work in 1995 and, in 2000, his Certificate in Psychoanalysis at
provides instruction in modern psychoanalytic theory to licensed mental health professionals, and professionals from other related backgrounds, outside of New York City. Courses cover key modern psychoanalytic concepts, utilizing case presentations to illustrate how theory informs clinical technique. Distance Learning courses are 10 weeks long and are offered in the fall and spring semesters. For more information, contact Dr. Barbara D'Amato, Director of Distance Learning, bdamato@cmps.edu.

Events

**Introduction to Modern Psychoanalysis** begins February 6

This popular course, which runs from Feb. 6 to May 1, offers the fundamentals of modern psychoanalytic theory and technique to those considering psychoanalytic training. Topics include transference, resistance, counter-transference, and emotional communication. Open to clinicians and the public. 15 CE credits for social workers and psychologists.

**Trans* Psychoanalysis: A New Discipline?**
Friday, March 16, 7:30-9:30 PM, 2 CECs

*I had no choice. I would be dead if I hadn't transitioned—I would have killed myself.* This clinical vignette is no longer exceptional. We are living a "transgender moment," as headlines across the United States have called it, that is radically changing our notions of sex and gender.

Patricia Gherovici, PhD, presents.

**D. W. Winnicott and the Middle School of British Psychoanalysis**
Saturday, April 21, 9 AM-1 PM

Donald Winnicott was one of the most original thinkers in the history of psychoanalysis. His conceptualizations—of transitional objects and the false self, for example—are now embedded within psychoanalytic discourse; his clinical intuitions—such as those about object usage and fear of breakdown—continue to inspire our work, and his writing retains its stunning freshness. Many a well-treated

__ANNOUNCEMENT__

**Spotlight Interviews**
and formerly very troubled patient owes a
great deal to Winnicott’s optimistic, intrepid,
and groundbreaking clinical leadership. In
this workshop, M. Gerard Fromm invites
you to share in the pleasure of spending
some time with Winnicott, as well as with
some of the analysts who have developed
his ideas.

Visit CMPS at cmps.edu for information on
all our upcoming events.

Beginning in 2018 we'll be doing a series of
interviews with colleagues from our
member institutes. We are interested in
spotlighting members who are using their
analytic expertise to promote mental
health, social responsibility, professional
writing, or applied psychoanalysis in
clinical, social, and academic settings.
Audio and text versions of interviews will
be available on the NAAP website.

If you are an institute director and would
like to nominate someone, drop us a note
at naapnews@naap.org.

Authors in our Midst

New and noteworthy books by NAAP members

Re-Encountering Jung:
Analytical Psychology and
Contemporary Psychoanalysis

Robin S. Brown, Ed.
Routledge

Since the split between Freud and Jung, psychoanalysis and analytical psychology have
largely developed in an atmosphere of mutual disregard. Only in recent years have both
discourses shown signs of an increasing willingness to engage. *Re-Encountering Jung* is
the first edited volume devoted to a reconciliation between these two fields. The
contributors explore how Jungian thinking influences, challenges, and is challenged by
recent developments in the psychoanalytic mainstream. In examining the nature of the split, figures from both sides of the conversation seek to establish lines of contrast and commonality so as to reflect an underlying belief in the value of reciprocal engagement.

... unusually informative and highly recommend it to all levels of mental health professionals and to lay persons interested in this subject matter. - James L. Fosshage, PhD, Co-founder of the National Institute for the Psychotherapies; Clinical Professor of Psychology for the New York University Postdoctoral Program in Psychotherapy and Psychoanalysis, USA.

... a timely and significant contribution that explores the fertile common ground and creative differences between a number of approaches to the psychology of the unconscious, carefully illuminating historical points of division and issues of contemporary relevance... Keiron Le Grice, PhD, Chair, Jungian & Archetypal Studies specialization, Pacifica Graduate Institute, USA.

The Making of a Psychoanalyst: Studies in Emotional Education

Claudia Luiz, PhD
Routledge

In gripping stories about people struggling with depression, anxiety, sexual dysfunction, attention deficit disorder (ADD) and more, Luiz brings us right into each treatment where we discover how psychoanalysts today prepare their patient’s mind for self-discovery. Following each story, absorbing commentaries acquaint the reader with the theories of the mind that currently guide treatment, and the innovative clinical techniques that are revolutionizing the field, including how Luiz learned to integrate her own emotions as therapeutic instruments for diagnosis and cure.

... a new, refreshing voice that speaks with complete clarity and understanding about the way people really experience the world. It is a book that is valuable for students and clinicians, as well as laypeople. - Faye Newsome, Chair of the Board of Trustees, Centre for Modern Psychoanalytic Studies

... creatively and cogently articulates the inner workings of modern psychoanalysis. She bridges the gap from old to new, modernizing psychoanalysis for our contemporary culture ... an enlightening read for all clinicians and aspiring therapists ... blasts through the analytic rhetoric and jargon to bring Modern Psychoanalysis into the 21st century. - Steven H. Padnick, Long Island Centre for Modern Psychoanalytic Studies

Claudia Luiz understands what leads to mental health, and makes complex psychoanalytic principles accessible to readers. - Jane Snyder, President, Boston
In *The Order-Disorder Paradox*, psychoanalyst Nathan Schwartz-Salant draws on nearly 5 decades of research to present a comprehensive theory of order and disorder in the human psyche—and its implications for society, the planet and its people.

In a world with vast and increasing rates of systematization, there exists change that results from the hidden side of order—the disorder that’s wreaking havoc on our lives, relationships and the environment. From a scientific vantage point, Schwartz-Salant considers the Order-Disorder Paradox through lenses as diverse as Jungian theory, alchemy and the I Ching. As we become aware of the Order-Disorder Paradox, we can renew our sense of meaning on both micro and macro scales to better understand, and remedy, the consequences of the order (and concomitant disorder) we create.

Brilliant, wise and profound ... a must-read for all those who want to understand the meanings of our contemporary chaos and address them on both a personal and societal level. - Andrew Harvey, author of *The Hope: A Guide to Sacred Activism*

A highly significant, compelling work that deserves the rapt attention of theorists, psychoanalysts, and laypeople alike. - Steven Rosen, Emeritus Professor of Psychology, College of Staten Island, City University of New York; author of *Dreams, Death, Rebirth*

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**NAAP News**

2018-2019 Publication Schedule

**2018 VOLUME 21**

**Winter 21:1**
Copy due: Feb. 1 Publication: March 2

**2019 VOLUME 22**

**Winter 22:1**
Copy due: Jan. 3 Publication: Feb. 1