If you are like me, your mind still synchs with an academic year. Our joint issue has me thinking of lazy summer days blending with crisp, fresh fall ones with so much oppor-

Summer in Rockaway

A watercolor by Robert Quackenbush. Reproduced by kind permission of the artist.
Mirroring the traditional New Year’s look back at what we’ve done and the chance to declare resolutions, I am using this issue to share our successes and aspirations for the year ahead.

- 2016 saw the launch of NAAP’s new website www.naap.org. The site is designed to highlight both what our members and member institutes are doing and to position NAAP as a strong presence in the mental health community. A sophisticated “Analyst Finder” is just one important component of the site. Upcoming goals include developing an active listserv for members and the NAAP in the Community blog.

- The website also provides an opportunity to interact, stay in touch, and air ideas. It is a tangible demonstration of NAAP’s commitment to reaching out to and including colleagues throughout the country and internationally. It provides a platform for everyone to participate in a community of professional psychoanalysts.

- In line with our commitment to bring together all professional psychoanalysts, we intend to create an informative and fun social media presence. This will keep us updated on member events, and publicly define our accomplishments. Look for us on Facebook (www.facebook.com/naap.org/), Twitter, and LinkedIn. “Like” our page and “follow” us on social media. We need your help to grow.

- NAAP became an approved CE provider for NYS social workers, and we are in the pipeline for psychoanalytic provider approval.

- We made tremendous inroads in New York with the Problem Gambling Training Partnership. Thanks to the efforts of Jennifer Harper, Kirsty Cardinale, and our consultant Theresa Cosgrove, NAAP became a leading presence in developing and implementing the programs, along with three other professional groups: social workers, marriage & family therapists, and mental health counselors.

- 2016 and the annual conference “Manhood and Masculinity” marked the first year of live streaming the event. This made it possible for colleagues around the world to join us for the day. We aim to make this an interactive process for 2017 and look forward to the challenge!

- We are investigating supplemental medical discount services as a benefit to our members in a costly medical environment.

- NAAP is continually called on for input regarding legislative and legal issues impacting psychoanalysts throughout the US and
News.

We are always open to help in any way the organization can. Our legislative activities continue to make us the public face and advocate for professional psychoanalysts.

We are working on much more to ensure NAAP is the vital, meaningful association that all our members wish to represent them. We encourage everyone to actively participate, let us know your needs, and come on board to make it happen.

VISIT us on Facebook and LIKE our page!
 FOLLOW us on Twitter!

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Blue-on-Blue

by Ann Casement

Apollonian order in the United Kingdom (UK) gave way to Dionysian frenzy following the result of the European Union (EU) referendum on June 23, 2016. A turnout of 33.6 million voters split the UK giving the “Leave” campaign 1.3 million more votes than the “Remain” campaign. Shortly after the result was announced on June 24th, the Prime Minister resigned, leading stock markets to tumble worldwide and sterling to drop to its weakest level against the U.S. dollar in thirty years. More.
On the Radio: The Dreamer Who Dreams

by Claire Steinberger

The annual IASD Regional Dream Conference (NPAP, May 7) lived up to its lofty “dream” ambitions, turning a grey Sunday afternoon into an erudite and lively happening. Dream enthusiast Lou Hagood introduced the full-day program by parsing Grotstein’s challenging “radio” metaphor and evocative (dream) questions exploring “the mortal or divine dreamer” and communication between the Self (internal or external) and/or “ego” in dreams. More.

Visit our website

www.naap.org

Anxiety: The Silent Scream

by Gene Guberman

Inasmuch as there is still no comprehensive theory of anxiety, we are reminded that there are different perspectives and opinions about it. Anxiety is viewed as both an objective and subjective matter having a physiological as well as a psychological dimension. We are genetically endowed with a physiological capacity to develop anxiety. At birth, an infant in readiness, in an extremely helpless and dependent state, is poised to trigger its biological anxiety reactions when cued in some way. More.
NAAP Has a New Website!

Have you seen our new website yet? Come on over to www.naap.org and check it out! It took some time, but we finally went live just before summer and we couldn't be happier with the results. Members can renew their dues here, and prospective members will find all the information they need to join us. Any questions? Click on naap@naap.org and we'll get back to you promptly. Update your personal listing in our new (free!) Analyst Finder, and keep up to date with what's happening in the psychoanalytic world by checking Events and signing up to receive our free weekly e-Bulletin.

We'd love your feedback on our new site. After all, NAAP is here to serve you! Want us to include something or list an event? Email us at naap@naap.org. Would you like to write something for our newsletter, NAAP News? Contact the editor at naapnews@naap.org.

Psychoanalytic Understanding of Pathological Gambling and Compulsive Behaviors

by Renée Obstfeld

Among the many functions they may serve for individuals who struggle with them, addictions are understood as efforts to compensate for undeveloped, overwhelmed, or derailed capacities for affect and shame regulation. A related and more common phenomenon, repetition compulsion, is viewed as a misguided means of trying to process traumatic events that are not available to more integrated forms of memory; as a manifestation of unresolved grieving; and as a form of self regulation.
“Without advertising, something terrible happens...nothing.” — PT Barnum

PT Barnum may be offering fine advice for a troop of acrobats, but what about us? Do we analysts really have to engage in the circus of social media or risk oblivion? Even in the increasingly relational analytic world where greater shows of vulnerability and mutuality have been championed, do we dare engage in high-wire acts such as Twitter, Facebook, and maybe even...Instagram? In a cultural climate that encourages greater transparency, are analysts overly preoccupied with a public stumble and less aware of the safety nets built into social media?
NAAP's Analyst in Training (AIT) Committee (AIT) is currently seeking new members and new leadership. AIT gives a voice to candidates from our analytic training institutes to the national organization. Our group also develops content for NAAP's new website and contributes to public relations strategies for the organization. By working with the committee, group members develop a network of professional connections with candidates and NAAP members as they move forward in their career paths. We are currently organizing a workshop on developing analytic writing skills led by the acclaimed author Suzi Naiburg.

After two years serving as committee chair, Warren Holt is stepping down. We are looking for new leadership to carry AIT forward. As chair of the committee, you can determine the focus and agenda and you will have a budget to organize events.

Get involved, pave the way for your career as analyst, and advance the future of the profession of independent psychoanalysis!
BOOK REVIEW

Under the Totem: In Search of a Path

by Carmine Giordano

In his fascinating book *Under the Totem: in Search of a Path*, Michael Eigen, like the persona in Tennyson’s famous poem, pulls the psyche out of its crannied wall and attempts to understand what it is, “root and all and all in all,” particularly as it is affected by the sacred, creative, and spiritual elements—the totem—of the mystery of existence. And not unlike the poet, he realizes that, ultimately, its “unfathomable depths” surpass understanding.

Institute News

ACAP Graduate Beverly Bell Discusses ACAP’s Distance Learning Option

One of the lesser known facts about ACAP is that analytic training is available to people who do not live in ACAP’s immediate geographic area. I live in Washington State and completed the entire course from there, graduating in October, 2015. I was the first to complete analytic training in this manner at ACAP but most likely I will not be the last as other distance students will be graduating soon.

Courses

We are excited about the variety of courses and workshops our institute offers, and many of our courses have CE credits. For additional information or to register for workshops call 973-629-1002. If you are interested in our One Year Program (OYP) call 973-629-1001. To register for a Brown Bag Lunch (BBL) call 973-629-7808 or register online at www.acapnj.org.

Gestalt Associates for Psychotherapy

Target Lecture Series

We have several interesting lectures coming up in 2017. Our Target Series lectures take place on Friday evenings with presenters from a wide range of expertise and areas of specialty. They help us focus on treatment issues, new ideas, and alternative ways of working, and offer us a network we can reach out to for information, insight, and support.

On February 3, Kachina Meyers will be presenting "Show Me the Money: How Financial Transference and Countertransference Limit Authenticity" and Intimacy in Therapy, and on April 8, we have Jack Worthy talking about "What Every Therapist Should Know About Autism: Supporting Neurodiverse Families Through the Power of Relationship."

Each 2-hour Target lecture is eligible for 2 Social Work CEUs, so mark your
In November we enjoyed a number of events, including our regular Open House and Our Immigrant Experiences discussion; a Brown Bag Lunch where the discussion was on Couples in Crisis; and Reciprocal Resilience—Surprising Clinical Advantage to Trauma Exposure. We also held our regular open discussion meeting for veterans and military and their family members.

PPSC Graduates Take Top Honors

We are delighted to announce that PPSC graduates were awarded the top three places by the AAPCSW for Best Student Papers for 2016.

Congratulations to Andrew Blatter, who won First Place for "Better Relating Through Chemistry: Holding, Breakdown, and Mutual Recognition with an Aggressive and Devaluing Patient"; Marilyn Massa, who took Second Place with "The Impact of Internal and External Factors in Patient Progress: An Intersubjective Perspective"; and H. C. Fall Willeboordse, who was awarded Third Place for "Where There is Space for the Other: Transgenerational Trauma, Dissociation, and Recognition in the Treatment Room."

All three graduates will be presenting their papers at the March 2017 AAPCSW conference in Baltimore.

Upcoming Events for 2017

WSI has some exciting events ahead in the new year. On January 19, Dan Shaw will be presenting on "Traumatic Narcissism and Relational Systems of Subjugation," with Thomas Wagner moderating, and on February 16, George Makari will be presenting "Soul Machine: The Invention of the Modern Mind," which is also the title of his recent book (view here). Jerold Nashban will be moderator at this lecture. On May 19, Gene Guberman will be delivering a talk on "Micro-Emotional Abuse: Working Through Psychic Wounds," with Peter Gillespie moderating.

The WSI annual scientific conference will be taking place on Sunday, April 2, 2017. "Trauma," co-sponsored by NAAP, will feature two presenters—Mark Solms and Arlene Richards—and 5 CE units will be available. More information will be coming in the new year. In the meantime, contact Jane Birzin, Director of Continuing Education, janebirzin@gmail.com, for details.

Member News

Stella Acquarone, PhD, received an award for her “Outstanding Contribution to Infant Mental Health in the UK.” The founder of the Parent Infant Center in London was given the runner up award in this national search for excellence in the field of infant mental health. The award recognizes the success that Stella has had during her decades of work with...
infants and young children who experience mental health difficulties. In addition to helping hundreds of children, Dr. Acquarone has established three successful organizations: a thriving North London clinic, a UKCP-accredited training in Parent Infant Psychoanalytic Psychotherapy, and a national charity to address the early signs of autism.

Congratulations to Christian J. Churchill, PhD! Dr. Churchill graduated from the Adult Psychoanalysis Program of the Psychoanalytic Training Institute of the Contemporary Freudian Society in spring.

Ruth Lijtmaer, PhD, presented “Music beyond sounds and its magic in the clinical process” on the panel "Music within the Clinical Encounter." Dr. Lijtmaer was attending the conference The Arts of Time: Relational Psychoanalysis and Forms of Vitality in Clinical Process, which took place in Rome in June.

Silvia Juarez-Marazzo, LCSW, Lead Clinical Supervisor at Yale Bridgeport Hospital in Connecticut, and faculty member for Child First, Inc., recently shared a link with us about her work at Child First: http://www.childfirst.com. In 2014 she received an award from the Connecticut Infant Mental Health Association. She has also written two illustrated story books for Latino immigrant mothers and their children titled Mommy, Tell Me How Did You Get Here! and Mommy, Tell Me Why Did You Come Here!

Robert Wolf, PhD, participated in two events over the last couple of months. An IEA event integrating "Aerial Yoga with Expressive Analytic Processing" can be viewed here, and an NPAP sponsored event with Art Robbins and Wolf, where they discuss "The Artist as Analyst/The Analyst as Artist" can be viewed here.

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**Authors in our Midst**

New and noteworthy books by NAAP members.

![Stone Sculpture: A Portfolio of Artwork 1990-2016](image1)

Stone Sculpture: A Portfolio of Artwork 1990-2016
Robert Irwin Wolf

![Psychoanalysis Beyond the End of Metaphysics](image2)

Psychoanalysis Beyond the End of Metaphysics: Thinking Towards the Post-Relational
Robin S. Brown
Enlivening the Self: The First Year, Clinical Enrichment, and the Wandering Mind
Joseph D. Lichtenberg, Frank M. Lachmann, James L. Fossaghe

Quantum Psychoanalysis: Essays on Physics, Mind, and Analysis Today
Gerald J. Gargiulo

In Memoriam
Dr. Margaret L. Shanahan, June 18, 2016
Dr. Norman Ellman, August 13, 2016
Sy Ethan, November 4, 2016

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**NAAP NEWS**

**2017-2018 SCHEDULE**

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<th>Copy Due</th>
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<td><strong>2017</strong></td>
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<tr>
<td>WINTER - Jan. 13</td>
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<td>FALL: Sept. 14</td>
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